

Apo Nak Dikato

Compte: 56

Mur: 2

Niveau: Beginner

Chorégraphe: Edward Tam (MY) - November 2011

Musique: Apo Nak Di Kato - Blues Gang



Intro: Start after 64 Counts or when Vocal start.

[1-8] Move RL to Right, Right Side Chassis, Cross LL, Lift LL and 1/8 Left Turn LL

- 1,2 Move right leg to the right, move left leg next to right
- 3&4 Move right leg to the right, move left leg next to right, move right leg to the right
- 5,6 Cross left leg diagonal in front of right, recover on the right
- 7,8 Lift up left leg, 1/8 left turn left leg facing 12.00 while in lifting position

[9-16] Move LL to Left, Left Side Chassis, Cross RL, Lift RL and 1/8 Right Turn RL

- 1,2 Move left leg to the left, move right leg next to left
- 3&4 Move left leg to the left, move right leg next to left, move left leg to the left
- 5,6 Cross right leg diagonal in front of left, recover on the left
- 7,8 Lift up right leg, 1/8 right turn right leg facing 12.00 while in lifting position

[17-24] Move Back RL, Lift Left Leg, Move Back Right, Lift Right Leg

- 1,2 Move right leg back, move left in front of right
- 3,4 Move right leg back, lift up left leg
- 5,6 Move left leg back, move right in front of left
- 7,8 Move left leg back, lift up right leg

[25-32] Step RL Forward, Lift Left Leg, Step LL Forward, Lift Right Leg

- 1,2 Step right leg forward, move left leg behind right
- 3,4 Step right leg forward, lift up left leg
- 5,6 Step left leg forward, move right leg behind left
- 7,8 Step left leg forward, lift up right leg

[33-40] Left Side Jazz Box, Lift Left Leg, Right Side Jazz Box, Lift Right Leg

- 1,2 Cross right leg in front of left, move back left leg
- 3,4 Move right leg to the right, lift up left leg
- 5,6 Cross left leg in front of right, move back right leg
- 7,8 Move left leg to the left leg, lift up right leg

[41-48] Repeat step 33 – 40

[49-56] Paddle X2, Out Out In In

- 1,2 Step right leg forward and ¼ left turn right leg
- 3,4 Step right leg forward and ¼ left turn right leg
- 5,6 Step right leg diagonal to the right, step left leg diagonal to the left
- 7,8 Step right leg back, step left leg back

Repeat

Note: There a one restarts on the 5th Wall there a restart after the 32 count.

Have Fun & Enjoy the Dance!