

# American Poppin'

**COPPER** KNOB  
BY SHEETS

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: Carolyn Robinson (USA) - March 2011

Musique: Shake Your Groove Thing - Peaches & Herb



## More Music:

"Play That Funky Music," Wild Cherry

"Round & Round," Selena Gomez

"Rolling in the Deep," Adele

Begin dance 32 counts after the song begins; you'll hear the heavy beat kick in and you'll feel like walking!

## WALK FORWARD R-L-R, SIDE POINT L; WALK BACK L-R-L, SIDE POINT R

1,2,3 Walk forward on R, L, R  
4 Point Left to L side  
5,6,7 Walk back on L, R, L  
8 Point Right to R side

## VINE RIGHT W/CLAP; VINE LEFT W/CLAP

1,2,3,4 Side step R, Step L behind R, Side step R, Touch L beside R & clap  
5,6,7,8 Side step L, Step R behind L, Side step L, Touch R beside L & clap

## BUMP R HIP HIGH & LOW, HIGH & LOW; BUMP L HIP HIGH & LOW, HIGH & LOW

1&2 Bump R hip (to R) high, Bump L, Bump R hip (to R) low  
3&4 Bump R hip (to R) high, Bump L, Bump R hip (to R) low  
&5&6 Bring your body upright w/weight on R and Bump L hip (to L) high, Bump R, Bump L hip (to L) low  
7&8& Bump L hip (to L) high, Bump R, Bump L hip (to L) low, Bring your body upright w/weight on L

**Note: Pretend you are closing dresser drawers with your hips; bump the 1st drawer closed (bump high); bump the 3rd drawer closed (bump low).**

## MONTEREY TURN ¼ R X 2

1,2 Side Point R, Pivot ¼ turn R and step on R (3:00)  
3,4 Side Point L, Step L beside R  
5,6 Side Point R, Pivot ¼ turn R and step on R (6:00)  
7,8 Side Point L, Step L beside R

Begin again!!

**TAG: This tag is used for the "Shake Your Groove Thing" music only!**

**Dance the dance twice. Then do this tag for 4 counts.**

## STEP TOUCHES X2

1,2 Step R to diagonal, Touch L beside R  
3,4 Step L to diagonal, Touch R beside L

Contact: [firkilr@gmail.com](mailto:firkilr@gmail.com) - <http://12dance.wordpress.com>