Sg Cha Cha Cha Megamix



Compte: 0 Mur: 4 Niveau: Improver

Chorégraphe: Swee Tuan Leong - July 2010

Musique: Cha-Cha-Cha - Vhong Navarro : (CD: Don Romantiko)



Especially for Mary Poh and all the Suzuki line dancers at the Serangoon Gardens Country Club

This dance combines Stroll Along Cha Cha, Feel The Cha, and Electric Slide with easy Tags for phrasing

Begin SG Cha Cha Cha Megamix with:

STROLL ALONG CHA CHA by Rodeo Cowboys

Rotation: Clockwise

*2 Easy Tags at 6 O'clock and at 12 O'clock Complete 4 walls of Stroll Along Cha Cha

ROCK, RECOVER, CHA-CHA-CHA

1 - 2 Cross/rock L over R, recover on R

3&4 Triple step in place L,R,L

5 – 6 Cross/ rock R over L, recover on L

7&8 Triple step in place R,L,R

WEAVE RIGHT, ROCK, RECOVER, CHA-CHA-CHA

9-12 Cross L over R, step R to right, cross L behind R, step R to right

13-14 Cross/rock L over R, recover on R

15&16 Triple step in place L,R,L

WEAVE LEFT, ROCK, RECOVER, CHA-CHA-CHA

17-20 Cross R over L, step L to left, cross R behind L, step L to left

21-22 Cross/rock R over L, recover on L

23&24 Triple step in place R,L,R

FORWARD, TURNING 1/2 RIGHT, CHA-CHA-CHA

25-26 Step L forward, turning ½ right (weight on R)

27&28 Triple step in place L,R,L

FORWARD, TURNING 1/4 LEFT, CHA-CHA-CHA

29-30 Step R forward, turning ¼ left (weight on L)

31&32 Triple step in place R,L,R

Repeat 1-32 (i.e. 3 more times with Tags at end of wall 2 and 4)

TAG #1: 6 O'Clock (at end of Wall 2 facing back wall)

OUT, OUT, IN, IN

1 – 4 Step L out, step R out, step L in, step R in (weight on R)

TAG # 2: 12 O'CLOCK (at end of wall 4 facing front)

OUT, OUT, IN, IN (TOUCH)

1 – 4 Step L out, step R out, step L in, bring R in touching R next to L (weight on L)

After completing Tag # 2 and now facing 12 O'clock wall, continue Megamix dance with:

FEEL THE CHA by Amy Christian-Sohn

Rotation: Anti-clockwise

Easy Tags at 6 O'clock and at 12 O'clock

Complete 4 walls of Feel The Cha

SIDE ROCK, RECOVER, CHA-CHA-CHA (2X)

1 - 2 Rock/ Step R to right, recover on L
3&4 Triple step in place stepping R,L,R
5 - 6 Rock/ Step L to left, recover on R

7&8 Triple step in place L,R,L

BASIC FORWARD & BACK CHA-CHA

9-10 Step/Rock R forward, recover on L
11&12 Chasse back / lock step back R,L,R
13-14 Step/Rock L backward, recover on R
15&16 Chasse forward / lock step forward L,R,L

FORWARD, TURNING 1/4 LEFT, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

17-18 Step R forward, turning ¼ left (weight on L)
 19&20 Moving left, cross shuffle/chasse R,L,R
 21-22 Rock/ Step L to left, recover on R
 23&24 Moving right, cross shuffle/chasse L,R,L

SIDE, TOGETHER (2X), ROCK FORWARD, RECOVER, TOUCH, HOLD

25-28 Step R to right, step L next to R, step R to right, step L next to R

(option: cuban hip movements)

29-31 Rock R forward, recover on L, touch R next to L (weight on L)

Hold (option: use your arms and strike a pose)

Repeat 1 -32 (i.e. 3 more times with Tags at end of wall 2 and 4)

Tag # 1: 6 O'Clock (at end of Wall 2 facing back wall)

OUT, OUT, IN, IN

1 – 4 Step R out, step L out, step R in, step L in (weight on L)

Tag # 2 : 12 O'Clock (at end of Wall 4 facing front)

OUT, OUT, IN, IN

1 – 4 Step R out, Step L out, step R in, step L in (weight on L)

After completing Tag # 2 and now facing 12 O'Clock wall, continue and end Megamix dance with : ELECTRIC SLIDE (danced Bachata style)

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This is based on the 18-count Electric slide choreographed by Unknown

Rotation : Anti-clockwise

NO TAGS

Dance until the end of the music track

SIDE BASIC (option: latin hip movement)

1 – 3 Moving right, step R to right, step L next to R, step R to right,

4 Touch ball of L next to /near to R **

5 – 7 Moving left, step L to left, step R next to L, step L to left

8 Touch ball of R next to / near to L **

BACK BASIC

9 – 11 Step R back, step L back, Step R back

12 Touch ball of L slightly forward/ in front of R **

ROCK FORWARD, ROCK BACK

13-14 Rock/Step L in place, Touch R toe behind L

15-16 Lifting R toe slightly Rock/ Step R back , Touch L heel in front of R (option: shimmy your shoulders as you rock forward and back)

STEP AND 1/4 TURNING LEFT, HITCH

17 Lift L heel slightly off the floor, step L in place and ¼ turning left

18 Hitch R knee to begin dance all over again

^{**} Bachata styling. At each ball touch, push up the hip corresponding to foot