Girls From The Balkans

Niveau: High Beginner

Chorégraphe: Christina Lung-Lung King (HK) - October 2011

Musique: The Balkan Girls - Elena : (Eurovision Song Contest 2009 - Pop)

Start dancing after 24 counts, approximately 12 seconds (Start on lyrics 'It's time for me to rewind')

Section One: Point, Point , Back and Forward Shuffles

- 1-2 RF point to front, RF point to side
- 3&4 RF back shuffle

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- 5-6 LF point to side, LF point to front
- 7&8 LF forward shuffle

Section Two: Rock Forward Recover, Coaster Steps with 1/4 turn

- 1-2 Rock forward with RF, rock replacing weight on LF
- 3&4 RF back, LF closes to RF, RF forward
- 5-6 Rock forward with LF, rock replacing weight on RF
- 7&8 LF back, RF closes to LF, LF forward with ¼ turn L (Facing 9:00)

Section Three: Side Rock , Cross Shuffles with 1/4 turn

- 1-2 RF side rock , recover on LF
- 3&4 RF Cross shuffle
- 5-6 LF side rock, recover on RF
- 7&8 LF Cross Shuffle with ¼ turn L (Facing 6:00)

Section Four: Paddle Turns, Side Rock Recover

- 1-2 RF paddle with ¼ turn L
- 3-4 RF paddle with ¼ turn L
- 5-6 RF paddle with ¼ turn L
- 7-8 RF side rock, recover on LF (Facing 9 o'clock)

Start Again.

* Add four counts after completing wall 3, facing 3 o'clock (Bump hips to R count 2, bump hips to L count 2)

* Ending: Make half turn to R and step on RF to face the front.

Enjoy the dance!





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