Prejudice



Compte: 80 Mur: 4 Niveau: Phrased Advanced

Chorégraphe: Debbie McLaughlin (UK) - September 2011

Musique: Free Your Mind - En Vogue



Count In: On lyrics 'I wear tight clothing.......' - SEQUENCE - AA B CC AA B CCCC AA B CCCC

PART A - Verse - 32 counts

A1: WALK, WALK, ROCK & CROSS, 1/4 TURN SIDE, CROSS, SIDE, BEHIND SIDE

1 – 2 Walk forward R, Walk forward L

3&4 Rock forward onto R, Recover back onto L, Cross R over L (slightly angling body to 10 o

clock)

&5, 6 Straightening back up to 12 o clock step back on L, making ¼ turn R step R to R side, Cross

L over R

7, 8& Step R big Step to right side (Dip slightly and grind up to R hip), Cross L behind R, Step R to

R side

A2: CROSS, TOUCH & TOUCH OUT OUT IN, CROSS SHUFFLE, SWIVEL & SWIVEL 1/4 TURN

1, 2&3 Cross L over R, Tap R forward, Step R in place, Tap L forward &4& Step L slightly to L side, Step R to R side, Step L beside R

5&6 Cross R over L, Step L to L side, Cross R over L

7&8 Swivel heels R, L, R, whilst making a ¼ turn L (weight ends on R facing 12 o clock)

A3: & CROSS, ROCK RECOVER & 1/4 TURN, STEP 1/2 TURN, 1/2 TURN, WALK BACK, BACK

&1,2,3 Step L in place, Cross R over L, Rock L out to L side, Recover weight back onto R

&4 Step L beside R, Make ¼ turn R stepping forward on R (3 o clock)

Step forward L, Pivot ½ turn R taking weight forward on R, Make ½ turn R stepping back on L

7, 8 Walk back R, Walk back L

A4: BACK ROCK, KICK STEP, STEP ½ TURN TOUCH & TOUCH, BODY ROLL, BACK ROCK

1&2& Rock back on R, Recover forward on L, Kick R forward, Step R slightly forward

3&4& Step forward on L, Pivot ½ turn R taking weight forward on R, Touch L to L side, Step L

beside R

Touch R to R side, Step R beside L, Touch L to L sideBody roll to L side taking weight onto L, Touch R beside L

PART B - Bridge - 32 counts

B1: SEXY WALKS x4

Walk forward R (crossing slightly over L), Hold
 Walk forward L (crossing slightly over R), Hold
 Walk forward R (crossing slightly over L), Hold
 Walk forward L (crossing slightly over R), Hold

(Note: Make these walks slow and sexy. If you want to add finger clicks on the 'holds' then feel free!)

B2: STEP ½ TURN, STEP ½ TURN, STEP ½ TURN STEP, TRIPLE FULL TURN

1, 2	Step forward on R, Pivot ½ turn L taking weight forward on L
3, 4	Step forward on R, Pivot ½ turn L taking weight forward on L

Step forward on R, Pivot ½ turn L taking weight forward on L, Step R forward (prep for turn)

Make ½ turn R stepping back on L, Make ½ turn R stepping forward on R, step L forward

B3: STEP 1/4 PIVOTS x4

1, 2	Step R forward, Pivot ¼ turn L taking weight on L
3, 4	Step R forward, Pivot 1/4 turn L taking weight on L

5, 6	Step R forward, Pivot ¼ turn L taking weight on L
7, 8	Step R forward, Pivot ¼ turn L taking weight on L

B4: CROSS ROCK, SIDE ROCK, CROSS ¼ TURN SIDE TOGETHER, POINT & POINT & POINT, BACK ROCK

L

3&4& Cross R over L, make ¼ turn R stepping back on L, Step R to R side, Step L beside R

Touch R to R side, Step R beside L, Touch L to L side, Step L beside R
 Touch R to R side, Rock back on R, Recover weight forward onto L

PART C – Chorus – 16 counts

C1: KICK & STEP ¾ TURN, ROCK &, CROSS SIDE BEHIND ¼ TURN. STEP ½ TURN TOUCH

1&23 Kick R forward, Step R in place, Step L forward, Pivot ¾ turn R taking weight onto R

4& Rock L out to L side, Recover weight onto R

5&6& Cross L over R, Step R to R side, Cross L behind R, Make ¼ turn R stepping forward R
7&8 Step forward on L, Pivot ½ turn R taking weight forward onto R, Touch L beside R

C2: OUT OUT IN CROSS UNWIND 3/4 TURN, WALK WALK, BACK LOCK BACK &

\$1&2 Step L to L side, Step R to R side, Step L beside R, Cross R over L Slowly unwind 3/4 turn L over 2 counts ending with weight on L

5, 6 Walk forward R, Walk forward L

7&8& Step back on R, Lock L across front of R, Step back on R, Step L beside R

Ending – After completing the very last 'C', make 1/4 turn L and step R to R side to finish facing 12 o clock

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