

1 Love

Compte: 64

Mur: 4

Niveau: High Beginner

Chorégraphe: Stephanie Swain (UK) - August 2011

Musique: One Love - Bob Marley & The Wailers



Step, touch, step, step, coaster step

- 1-2 step right to side, touch left beside right
- 3-4 step left to side, step right beside left
- 5-7 left coaster step
- 8 hold

Step, touch, step, touch, step, step, ¼ turn left

- 9-10 step fwd on right, touch left beside right
- 11-12 step back on left, touch right beside left
- 13-15 step right to side, step left beside right, step right to side with ¼ turn left
- 16 hold

Back lock step, rock back, step fwd

- 17-19 step back on left, lock right across left, step back on left
- 20 hold
- 21-23 rock back on right, recover on left, step right fwd
- 24 hold

Full turn fwd, right mambo fwd

- 25-27 full turn right stepping left, right, left traveling fwd
- 28 hold
- 29-31 step fwd on right, step left in place, step back on right
- 32 hold

Mambo box fwd

- 33-34 Step left to side, step right together
- 35-36 Step left forward, hold
- 37-38 Step right to side, step left together
- 39-40 Step right back, hold

Mambo box back

- 41-42 step left to side, step right together
- 43-44 step left back, hold
- 45-46 step right to side, step left together
- 47-48 step right fwd, hold

Cross rock, step, cross rock, ¼ turn right

- 49-50 cross rock left over right, recover on right
- 51-52 step left to side, hold
- 53-54 cross rock right over left, recover on left
- 55-56 step right to side with ¼ turn right, hold

Step ¼ turn right, cross, vine right cross

- 57-58 step fwd on left, ¼ turn right
- 59-60 cross left over right, hold
- 61-62 step right to side, step left behind right
- 63-64 step right to side, cross left over right

START AGAIN..

TAG: is done at the end of walls 1 & 3

1-4 vine right

5-8 vine left

9-12 right side toe strut, left cross toe strut

13-16 right side toe strut, left cross toe strut
