

# High Heels To Fill

**COPPER KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Easy Intermediate



**Chorégraphe:** Forty Arroyo (USA) - August 2011

**Musique:** High Heels - Courtney Darwin : (CD: Born To Love)

**Sequence:** 32, 32, 16 >> RESTART, 32, 32, TAG#1, 32, TAG#2, 32, 16... (Ends)

Don't be alarmed by the re-start and tags – the music will guide you.

**[1-8] SIDE, ROCK, RECOVER, STEP, BALL, STEP – REPEAT (ends at 12 o'clock)**

- 1, 2& Step side R, Rock ball of L behind R, Step R in place
- 3&4 Step forward on L diagonal, Step ball of R behind L, Step forward on L diagonal
- 5-8 Repeat

**[9-16] STEP, ¼ LEFT, ¼ RIGHT, ½ LEFT, STEP, ROCK, STEP, ROCK, STEP (ends at 6 o'clock )**

- 1, 2 Step forward on R, Pivot ¼ to L – shifting weight to L
- 3, 4 Turn ¼ to R – stepping R in place, Pivot ½ turn to left stepping L in place
- 5, 6 Step forward R, Step forward L
- &7&8 Step forward on R(&), Step L next to R(3), Step back on R(&), Step L next to R(4)

**RESTART HAPPENS HERE AT 12 o'clock (after two full rotations)**

**[17-24] STEP, PUSH AND BUMP, STEP, PUSH AND BUMP (ends at 6 o'clock)**

- 1, 2 Step slightly forward on R diagonal – pushing hips forward, Step L in place pushing hips back
- 3&4 Bump hips R, L, R (weight on R)
- 5, 6 Step slightly forward on L diagonal– pushing hips forward, Step R in place pushing hips back
- 7&8 Bump hips (in place) L, R, L (weight on L)

**[25-32] STEP, CROSS, STEP, SWAY, SHUFFLE, PIVOT ¼ (ends at 3 o'clock)**

- 1&2 Step back R diagonal, Cross L over R, Step back R diagonal
- 3&4 squaring off to 6 o'clock - Sway hips to L, Sway hips to R
- 5&6 Step forward on L, Step R next to L, Step forward on L
- 7, 8 Step forward on R, Pivot ¼ to L – shifting weight of L.

**TAG#1 – 8 counts – happens at 12'oclock**

**(1 - 8) NC2 - R SIDE BASIC, L SIDE BASIC**

- 1 2& Step R to side(1), Step L slightly behind R (2), Step R in place – slightly forward and across L (&)
- 3, 4& Step L to side (3) Step R slightly behind L (4), Step L in place – slightly forward and across R (&)
- 5, 6& Step R to side(1), Step L slightly behind R (2), Step R in place – slightly forward and across L (&)
- 7, 8& Step L to side (3) Step R slightly behind L (4), Step L in place – slightly forward and across R (&)

**Tag#2 – Sway R, L, R, L – happens before and the ONLY time you start the dance at 9 o'clock**

**Finale: You will be starting the dance at 12 o'clock**

**Dance up to count 16 (now at 6 o'clock) – then do the following:**

- 1-4 Step forward on R, Pivot ¼ L, Step forward on R, Pivot ¼ L

**ENJOY!! Questions? Email [forty.arroyo@gmail.com](mailto:forty.arroyo@gmail.com)**

**Revised 8/24**

