You Better Stop



Compte: 32 Mur: 2 Niveau: Advanced Chorégraphe: Steve Rutter (UK) & Claire Butterworth (UK) - July 2011

Musique: Stop - Jamelia: (Bridget Jones - The Edge Of Reason, Soundtrack)



(16 Count Intro', starting on word "Given").

NOTE: The Dance Does Not Phrase Correctly With The Sam Brown Version.

Section 1- Sway, 1 1/4 Turn Left, Sweep, Cross, Back Step, Side Step, Cross Rock, Side Step, Cross, Sweep, Cross, Back Step, Side Step, Cross, Back Step, Side Step.

1 Sway right to right side

2&a Make a quarter turn left stepping left forward, make a half turn left stepping back on right,

make a half turn left stepping forward on left.

3 Sweep right foot around from back to front.

4&a Cross right over left, step back on left, step right to right side.

5 Cross rock left over right,

6&a Recover weight onto right, step left to left side, cross right over left.

7 Sweep left foot around from back to front.

8&a Cross left over right, step back on right, step left to left side.

Section 2- Cross Rock, Side Step, Cross, Unwind Full Turn Right With Sweep, Weave, Sway, Cross, Side Step, Sway, Cross, ¼ Turn Left.

1 Cross rock right over left.

2&a Recover weight onto left, step right to right side, cross left over right.

3 Unwind a full turn right sweeping right around from front to back on completion of turn.

4&a Cross right behind left, Step left to left side, Cross right over left.

5 Step left to left side swaying hips left.

6&a Recover weight onto right, cross left over right, step right to right side.

7 Step left to left side swaying hips left.

8&a Recover weight onto right, cross left over right, make a quarter turn left stepping back onto

right.

Section 3- ¼ Turn Left, Weave, Hip Sways (With Attitude), Coaster Step, Step Forward, Step Forward, Pivot ½ Turn Right, Step Forward.

Make a quarter turn left stepping left a large step to left side, dragging right towards left.

2&a Cross right over left, step left to left side, cross right behind left.

Tag: When dancing Wall 6 hold here for 3 counts, and then continue rest of dance.

3-4 Step left to left side swaying hips left, sway hips right.

&5 Sway hips left, sway hips right.

Step back on left, step right beside left, step forward on left.

7 Step forward on right.

8&a Step forward on left, pivot a half turn Right, Step forward on left.

Section 4- Spiral Full Turn Left, Shuffle ¼ Turn left (In A Curve), Prissy Walks, Side Rock & Cross, Side Step, Weave.

1 Step Forward on right and spin a full turn left, hitching left knee.

2&a Make an eighth turn left stepping forward on left, close right beside left, make an eighth turn

left stepping forward on left.

3-5 Cross right over left, Cross left over right, cross right over left.6&a Rock left to left side, recover weight onto right, cross left over right

Restart: When Dancing Wall 2, restart dance here.

Step right large step to right side dragging left up towards right.
 Cross left behind right, Step right to right side, cross left over right.

Restart & Tag.

When dancing wall 2 Dance 30 counts of dance only then restart dance.

When dancing wall 6 dance up to counts 16&a, then add a 3 count hold before continuing with rest of dance.

Enjoy!