

# Feel Good Dance

**COPPER KNOB**  
STEPSHEETS

**Compte:** 104

**Mur:** 2

**Niveau:** Phrased Low Intermediate



**Chorégraphe:** GS Ang (MY) - July 2011

**Musique:** Pei Wo Qu Mai Cai (陪我去買菜) - Angeline Ni Ni (小妮妮)

**Sequence of Dance:** B24/A/B16/A/B/A/B16/A54 - Start the dance after 16 counts from the beginning of the track.

**( A - 64 counts)**

**WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH**

1-4 Walk forward on RLR, kick left forward

5-8 Walk backward on LRL, touch right together

**MONTEREY 1/4 TURN RIGHT X 2**

1-4 Monterey 1/4 turn right on RRL

5-8 Monterey 1/4 turn right on RRL

**WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH**

1-4 Walk forward on RLR, kick left forward

5-8 Walk backward on LRL, touch right together

**MONTEREY 1/4 TURN RIGHT X 2**

1-4 Monterey 1/4 turn right on RRL

5-8 Monterey 1/4 turn right on RRL

**RIGHT AND LEFT LINDY**

1&2 Right side cha cha on RLR

3-4 Cross left behind right, recover onto right

5&6 Left side cha cha on LRL

7-8 Cross right behind left, recover onto left

**RIGHT AND LEFT SHOOPS**

1-2 Step right forward to right diagonal, step left together

3-4 Step right forward to right diagonal, scuff left

5-6 Step left forward to left diagonal, step right together

7-8 Step left forward to left diagonal, scuff right

**ROCKING CHAIR, MONTEREY 1/2 TURN RIGHT**

1-4 Rocking chair on RLRL

5-8 Monterey 1/2 turn right on RRL

**TURNING CHA CHA x 4**

1&2 1/4 turn right cha cha forward on RLR

3&4 1/4 turn right cha cha forward on LRL

5&6 1/4 turn right cha cha forward on RLR

7&8 1/4 turn right cha cha forward on LRL

**( B - 40 counts)**

**CROSS, POINT, CROSS, POINT, PADDLE 1/4 TURN LEFT X 2**

1-2 Cross right over left, point left to left side

3-4 Cross left over right, point right to right side

5-6 Paddle 1/4 turn left on RL

7-8 Paddle 1/4 turn left on RL

### **CROSS, POINT, CROSS, POINT, PADDLE 1/4 TURN LEFT X 2**

- 1-2 Cross right over left, point left to left side
- 3-4 Cross left over right, point right to right side
- 5-6 Paddle 1/4 turn left on RL
- 7-8 Paddle 1/4 turn left on RL

### **RIGHT AND LEFT VINES WITH TOUCHES**

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, touch left together
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, touch right together

### **HIP BUMPS RRL, RLRL**

- 1-8 Bump hips RRL, RLRL

### **PIVOT 1/2 TURN-FORWARD CHA CHA X 2**

- 1-2 Step right forward, pivot 1/2 turn left
- 3&4 Forward cha cha on RLR
- 5-6 Step left forward, pivot 1/2 turn right
- 7&8 Forward cha cha on LRL

Contact: [www.sjlinedancer.blogspot.com](http://www.sjlinedancer.blogspot.com)

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