

Nowhere to Slide

Compte: 48

Mur: 4

Niveau: Intermediate / Advanced



Chorégraphe: Guyton Mundy (USA) & Mario Robau (USA) - June 2011

Musique: Slid - Fluke

32 count intro

[1-8] chug, rock/recover, step X2

- 1-2 chug forward on right foot, chug forward on left foot
- 3&4 rock back on right, recover on left, step forward on right
- 5-6 chug forward on left, chug forward on right
- 7&8 rock back on left, recover on right, step forward on left

[9-16] back rock, recover, kick step lock, unwind 3/4, step, head & shoulders turn, knees turn, ball step

- 1&2 rock back on right, recover on left, kick right foot forward
- &3-4 step down on right, hook left behind right, unwind 3/4 turn over left shoulder with weight ending on left
- 5-6 step forward on right, turn upper body head
- & shoulders to the left 1/4 turn
- 7&8 on balls of both feet make a 1/4 turn to the left following body, bring left to right, step right to right

[17-24] leg swing forward, 1/4 turn with hitch, kick ball step, heel turns with 1/2 turn, full turn sweep together

- 1-2 swing left leg crossing body to the right, make a 1/4 turn to the left while hitching left up
- 3&4 kick left forward, step together with left, step forward on right
- &5-6 turn left heel in making a 1/4 turn to the left, turn right heel out making a 1/4 turn to the left, hook left behind right
- 7-8 make a full turn over left shoulder sweeping right foot around, ending with a touch on right foot together with left

[25-32] 1/2 turn box glide, 1/4, 1/2 with big step out, heel toe side walk with drag in

- 1-2 pressing off ball of right foot make a 1/4 turn to the left stepping forward on left, step back on right foot making 1/4 turn to the left
- 3& make a 1/4 turn to the left stepping forward on left, make a 1/4 turn to the left stepping back on right,
- 4 make a 1/4 turn to the left taking a big side step out to the left
- &5&6&7&8 walk left foot to the left toe, heel, toe, heel, toe, heel, toe, heel, while dragging right foot into left

[33-40] side step, rock/recover, scuff, step lock step, side step, hook, 3/4 unwind, side step

- 1-2& step right to right side, rock back on left, recover on right
- 3&4 scuff left foot forward, step forward on left, lock right behind left,
- &5 step forward on left, step right to right side
- 6-7-8 hook left behind right, unwind 3/4 turn over left shoulder with weight ending on left, step right to right

[41-48] hook, 3/4 unwind, side cross side, 1/4 out out, in in. body shake

- 1-2 hook left behind right, unwind 3/4 turn over left shoulder with weight ending on left
- 3&4 step right to right, cross left over right, step right to right side
- &5 make a 1/4 turn to the left stepping out on left, step out on right, (do not step out with feet too far apart)
- &6 walk feet in together toes, then heels
- 7-8 shake body from knees to head like a limp noodle, just play with it for 7-8.

You will hear a drum snare, so just let your body shake from knees to your head for those counts.

Have fun with this one.....And just a note, every turn is to the left. Sorry.
