

# Forever In My Heart

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Joenan (AUS) - May 2011

**Musique:** In My Heart Forever - Group NME



**Count in: 36 count**

## **Side, Nightclub, Nightclub, Rock, Recover, Shuffle Forward**

- 1 Step R to right side
- 2&3 Rock L behind R, recover onto R, step L to left side
- 4&5 Rock R behind L, recover onto L. step R to right side
- 6-7 Rock back on L, recover on R
- 8&1 Shuffle forward on L, R, L (12:00)

## **Sways, Forward Mambo, Touch, Unwind $\frac{3}{4}$ Turn Right, Chasse Left**

- 2&3 Step forward on R and sway hips forward, back, forward
- 4&5 Rock forward on L, recover onto R, step back on L
- 6-7 Touch R behind L, unwind  $\frac{3}{4}$  turn right (wt ends on R)
- 8&1 Chasse left on L, R, L (9:00)

## **Rock, Recover, Point, Sailor $\frac{1}{4}$ Turn Right, Rock, Recover, Run Back**

- 2&3 Rock back on R, recover on L, point R to right side
- 4&5 Step R behind L, turning  $\frac{1}{4}$  turn right step forward on L, step forward on R
- 6-7 Rock forward on L, recover on R
- 8&1 Run back on L, R, L (12:00)

## **Rock, Recover $\frac{1}{4}$ Turn Left, Step Right, Behind Side Cross, Sways, Chasse Right**

- 2&3 Rock back on R, recover on L turning  $\frac{1}{4}$  turn left, step R to right side
- 4&5 Step L behind R, step R to right side, cross step L over R
- 6-7 Step R to right side and sway right, sway left
- 8&1 Chasse right on R, L, R (9:00)

**Start Again**

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