

# One Hell of A Ball!

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Steve Bisson (UK) - April 2011

Musique: One Hell Of A Ball - Devon



## Intro: 32 Counts

### Sect. 1: Chasse, ½ Turn Chasse, ¼ Turn Step, Scuff/Hitch, Coaster Heel

- 1&2 Step left to left side, close right beside left, step left to left side [12.0]  
3&4 Turn ½ left and step right to right side, close left beside right, step right to right side [6.0]  
5-6 Turn ¼ right and step left forward, scuff right heel forward hitching right knee  
7&8 Step back on right, step left next to right, dig right heel forward

### Sect. 2: & Cross Rock, Back Lock Step, Back Rock, Forward Shuffle

- &1-2 Step back on right, cross rock left over right, recover weight on right  
3&4 Step back on left, lock right over left, step back on left  
5-6 Rock back on right, recover weight on left  
7&8 Step right forward, close left to right, step right forward

### Sect. 3: Pivot ¼ Turn, Cross, Heel Ball Cross, Weave

- 1-2 Step left forward, pivot ¼ turn right [12.0]  
3-4& Cross left over right, dig right heel diagonally forward, and step back on right  
5-6 Cross left over right, step right to right side  
7-8 Cross left behind right, step right to right side

### Sect. 4: Cross Rock, Sailor Step, Cross Rock, Sailor ½ Turn

- 1-2 Cross rock left over right, recover weight on right  
3&4 Swing left behind right, step right to right side, close left to right  
5-6 Cross rock right over left, recover weight on left  
7&8 Swing right behind left, step back left making ½ turn right, step right in place [6.0]

## Begin again

**Optional ending: To end the dance at the home wall – dance up to count 8 of Section 2 (Forward Shuffle) then add the following:**

- 1-2-3-4 Rock forward on left, Recover weight on right, Step left to left side making ¼ turn left [12.0],  
Cross right over left.

Contact details:- Email: [steveandenise@gmail.com](mailto:steveandenise@gmail.com) - Web site: <http://phoenixldc.wordpress.com>

Music download available from [www.devoncountrymusic.com](http://www.devoncountrymusic.com)