

Little East Bound And Down

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Britt Christoffersen (DK) - March 2011

Musique: East Bound and Down - Jerry Reed



Intro 2 X 8

S1: Heel Toe, Shuffle Fw, Heel Toe, Shuffle Back

1,2,3&4 Touch right heel fw, touch right toe back, Step right fw, step left beside right, step right fw
5,6,7&8 Touch left heel fw, touch left toe back, Step left back, step right beside left, step left back

S2: Coasterstep, Siderock cross, siderock cross, Side Together ¼ Turn Left

1&2,3&4 Step right back, step left beside right, step fw on right. Step left to side, recover on right, cross left over right
5&6,7&8 Step right to side, recover on left, cross right over left Step left to side, step right beside left, make ¼ turn left stepping left fw

S3: Heel Hook Heel Hook, Shuffle, Rockstep, ¼ Chasse

1&2&3&4 Touch right heel fw, hook right in front of left, touch right heel fw, hook right in front of left. Step right fw, step left beside right, step right fw
5,6,7&8 Rock left fw, recover onto right. Step left to side with ¼ turn left, step right beside left, step left to side

S4: Right Chasse, Backrock, Extended Left Chasse Turn ¼ Left

1&2,3,4 Step right to side, step left beside right, step right to side, step back on left, recover onto right
5&6&7&8 Step left to side, step right beside left, step left to side, step right beside left, step left to side, step right beside left, step left ¼ to left
