

Hot Mamma

Compte: 48

Mur: 2

Niveau: Improver



Chorégraphe: M. Vasquez (UK) - March 2011

Musique: Hot Mama - Trace Adkins : (Album: The Definitive Greatest Hits: Till The Last Shot's Fired)

Dedicated to Val Lewis - who I have the privilege of calling a 'Great Friend'

Note: Dance starts on the main vocal

Section 1: Heel, Hook, Shuffle x 2

- 1-2 Right heel on the diagonal, hook right foot in front of left knee
- 3&4 Shuffle, Right-Left-Right to the right diagonal
- 5-6 Left heel on the diagonal, hook left foot in front of the right knee
- 7&8 Shuffle, Left-Right-Left to the left diagonal

Section 2: Rock, Recover, Full Turn, Coaster Step, Hip Bumps

- 1-2 Rock forward onto right foot, recover back onto the left
- 3-4 Turn 1/2 over right shoulder, step onto right foot (6:00), turn 1/2 over right shoulder, stepping back on the left foot (12:00)
- 5&6 Step back right, step left foot next to right, step right foot forward
- 7-8 Bump hips to the left, bump hips to the right

Section 3: Heel, Hook, Shuffle x 2

- 1-2 Left heel on the diagonal, hook left foot in front of the right knee
- 3&4 Shuffle, Left-Right-Left to the left diagonal
- 5-6 Right heel on the diagonal, hook right foot in front of left knee
- 7&8 Shuffle, Right-Left-Right to the right diagonal

Section 4: Rock, Recover, Full Turn, Rock, Recover, Full Turn

- 1-2 Rock forward onto left foot, recover back onto the right
- 3-4 Turn 1/2 over left shoulder, step onto left foot (6:00), turn 1/2 over left shoulder, stepping back on the right foot (12:00)
- 5-6 Rock back onto left foot, recover onto right foot
- 7-8 Turn 1/2 over right shoulder, stepping back onto left foot (6:00), Turn 1/2 over right shoulder, stepping onto right foot

Section 5: 1/4 Monterey, Right Hitch Ball Cross, Side Rock, Cross-Shuffle

- 1&2 Point left foot out to left side, turn 1/4 left placing left foot next to right, point right foot out to right side
- 3&4 Hitch right knee up, Step down on ball of right, Cross step left over right
- 5-6 Side rock right on right side, recover on to left
- 7&8 Cross step right over left, step left to left side, cross step right over left

Section 6: Side Rock, 1/4 Turn Coaster Step, Kick and Point, Kick and Point

- 1-2 Side rock left onto left side, recover on to right
- 3&4 Make 1/4 turn left step back on left foot, step right foot beside left foot, step forward on left
- 5&6 Kick right foot forward, step right foot next to left, point left foot out to left side
- 7&8 Kick left foot forward, step left foot next to right, point right foot out to right side

Repeat

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