

That's Alright Mama

Compte: 40

Mur: 4

Niveau: Improver

Chorégraphe: Louise Elfvengren (NOR) - March 2011

Musique: That's Alright Mama - Blue Steel



Intro: 32 counts

SECTION 1: RUMBA BOX, COASTER STEP, MAMBO ROCK

- 1&2 Step right to right, step left beside right, step right forward
3&4 Step left to left, step right beside left, step left back.
5&6 Step right back, step left beside right, step right forward
7&8 Rock left forward, step down on right, step back on left.

SECTION 2: TOE STRUT BW, ¼ TURN RIGHT LOCK STEPS RIGHT & LEFT, MAMBO ROCK

- 1&2& Step back on right toe, step down on heel, step back on left toe, step down on heel.
3&4 Turn ¼ right diagonally forward right stepping forward right, locking left behind left. Stepping forward on right. (3)
5&6 Stepping diagonally left forward locking right behind left, step forward on left.
7&8 Rock right forward, step down on left, step back on right.

SECTION 3: ½ STEP TURN RIGHT, ½ SHUFFLE TURN RIGHT, ¼ SHUFFLE RIGHT, MAMBO ROCK

- 1-2 Step forward on left, turn right ½ and step forward on right (9)
3&4 ½ shuffleturn right, left-right-left (3)
5&6 turn ¼ right stepping right forward, left beside right, step right forward. (6)
7&8 Rock left forward, step down on right, step back on left.

SECTION 4: TOE STRUT BW, COASTER STEP, WALK CIRCLE ¾ RIGHT, TOUCH

- 1&2& Step back on right toe, step down on heel, step back on left toe, step down on heel
3&4 Step back on right, step left beside right, step right forward
5-8 Cross left over right, walk ¾ right, left, touch right next to left.

SECTION 5: ROCK & CROSS X 2, ROCKING CHAIR

- 1&2 Rock right to right side, step down on left, cross right in front of left
3&4 Rock left to left side, step down on right, cross left in front of right
5-8 Rock fw on right, step down on left, rock back on right, step down on left.
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