# Hey Ahab

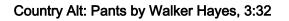
COPPER KNOB

Compte: 32

**Mur:** 4

Chorégraphe: Denise Brault (USA) - March 2011

Musique: Hey Ahab - Elton John & Leon Russell : (Album: The Union, 5:39)



Begin on vocals at 0:40. For Ultra Beginner 1 wall - Omit 1/4 turn.

## [1 – 8] WALK WALK, TOUCH, WALK WALK, TOUCH

- 1-4 Walk R, L, R, touch left toe out to side
- 5-8 Walk forward L, R, L, touch right toe out to right side

# [9 – 16] STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH, STEP BEHIND, TOUCH

Niveau: Easy Beginner

- 1 4 Step right behind left, touch left toe to left, step left behind right, touch right toe to right
- 5 8 repeat above (this 8 count sequence travels backward)

#### [17 – 24] VINE RIGHT, TOUCH, SHOULDER SHRUGS

- 1-4 Step right to right, left behind right, right to right, touch left toe next to right
- & 5 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back
- &6 Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back
- &7 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching right fist down in front of body, left fist in back
- &8 Shrug shoulders up turning upper body toward 2:30, push shoulders down punching left fist down in front of body, right fist in back

### [25 – 32] VINE LEFT ¼ TURN, TOUCH, SHOULDER SHRUGS

- 1 4 Step left to left, right behind left, left 1/4 forward, touch right toe next to right
- & 5 Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back
- &6 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back
- &7 Shrug shoulders up turning upper body toward 7:30, push shoulders down punching right fist down in front of body, left fist in back
- &8 Shrug shoulders up turning upper body toward 10:30, push shoulders down punching left fist down in front of body, right fist in back

Smile and start again!

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