

1 Minute Please

Compte: 88

Mur: 1

Niveau: Phrased Intermediate



Chorégraphe: Juliet Lam (USA) - March 2011

Musique: Wait Patiently (慢慢等) - Anna Tong (董美燕)

Intro: 16 counts. Sequence: (A, A-1, Tag, A-2, Tag, B) Repeat the same pattern one more time.

Part A: (72 Count)

Sec 1: Pulp Vision Right Hand, Pulp Vision Left Hand

- 1-4 Move right hand from left to right in front of eyes to right
- 5-8 Move left hand from right to left in front of eyes to left

Sec 2: Cross, Hold, Cross, Hold, Shuffle Forward, Touch, ½ Turn Right, Flick

- 1-4 Cross right over left, hold, cross left over right, hold
- 5&6 Step right forward, step left next to right, step right forward
- 7-8 Touch left forward, ½ turn right, flick left (6:00)

Sec 3: Cross, Hold, Cross, Hold, Shuffle Forward, Touch, ½ Turn Left, Flick

- 1-4 Cross left over right, hold, cross right over left, hold
- 5&6 Step left forward, step right next to left, step left forward
- 7-8 Touch right forward, ½ turn left, flick right (12:00)

Sec 4: Chasse Right, Rock Back, Recover, Chasse Left, Rock Back, Recover

- 1&2 Step right to right, step left next to right, step right to right
- 3-4 Rock back on left, recover on right
- 5&6 Step left to left, step right next to left, step left to left
- 7-8 Rock back on right, recover on left

Sec 5: Touch, Clap Hands With Holds

- 1 Touch right toe forward diagonally
- 2&3 Clap hands twice, hold
- 4&5 Clap hands twice, hold
- 6&7 Clap hands twice, hold
- 8 Clap hands

Sec 6: Cross, Point, Cross, Point, Out Out, Clap, In In, Clap

- 1-2 Cross right over left, point left toe to left side
- 3-4 Cross left over right, point right toe to right side
- &5-6 Jump out forward right, jump out forward left, clap hands
- &7-8 Jump back right, jump back left, clap hands

Sec 7: Rolling Vine Right, Point, Clap, Rolling Vine Left, Point, Clap

- 1-2 ¼ turn right step right forward, ½ right step left back
- 3-4 ¼ turn right step right to right side, Point left to left, clap hands
- 5-6 ¼ turn left step left forward, ½ turn left step back on right
- 7-8 ¼ turn left step left to left side, point right to right, clap hands

Sec 8: Side, Touch, Side, Touch, Swing, Clap

- 1-2 Step right to right, touch left next to right
- 3-4 Step left to left, touch right next to left
- 5 Step right to right side, swing right hand to right side, palm facing forward
- 6 Swing left hand to left and clap right hand together (weight on left)
- 7-8 Repeat 5, 6

Sec 9: Right Toe Strut, Left Toe Strut, Jazz Box

- 1-2 Step right toe forward, step down on right
- 3-4 Step left toe forward, step down on left
- 5-8 Cross right over left, step left back, step right to right, step left next to right

Part A-1 (32 count): Repeat Section 6 To Section 9 Of Part A

TAG: 4 count

- 1-4 Twist right, left, right, center (weight on left)

Part A-2 (64 count): Repeat Section 2 To Section 9 Of Part A

TAG: 4 count

- 1-4 Twist right, left, right, center (weight on left)

Part B: (16 Count)

Sec 1: Shuffle Forward, Step, Pivot ½ Turn Right, Stomp, Hold, Stomp, Hold

- 1&2 Step right forward, step left next to right, step right forward
- 3-4 Step left forward, pivot ½ turn right (6:00)
- 5-6 Stomp left foot, hold
- 7-8 Stomp right foot, hold (weight on right)

Sec 2: Shuffle Forward, Step, Pivot ½ Turn Left, Stomp, Hold, Stomp, Hold

- 1&2 Step left forward, step right next to left, step left forward
- 3-4 Step right forward, pivot ½ turn left (12:00)
- 5-6 Stomp right foot, hold
- 7-8 Stomp left foot, hold

Enjoy & Repeat

For a special edited version of this song, please contact Juliet: hsiaoll168@gmail.com
