

Sweet Distraction

COPPER **KNOB**
STEPPING

Compte: 32

Mur: 4

Niveau: Improver / Intermediate



Chorégraphe: Gary Stubbs (UK) - March 2011

Musique: Sweet Distraction - David Adam Byrnes

Intro 16 Counts , 8 Seconds.

Walk Back , Shuffle 1/2 Turn , Step Pivot 3/4 , Side Shuffle.

- 1-2 Walk Back Right , Walk Back Left.
- 3&4 Step Right 1/4 Turn Right , Step Left Together , Step Right 1/4 Turn Right.
- 5-6 Step Forward Left , Pivot 3/4 Right.
- 7&8 Step Left To Side , Step Right Next To Left, Step Left To Side.

Cross Point , Cross Point , Sailor , Sailor.

- 1-2 Cross Right Behind Left , Point Left To Side.
- 3-4 Cross Left Behind Right , Point Right To Side.
- 5&6 Cross Right Behind Left , Step Left To Side , Step Right To Side.
- 7&8 Cross Left Behind Right , Step Right To Side , Step Left To Side.

Weave 1/4 Turn , Pivot 1/2 , Walk.

- 1-2 Cross Right Over Left , Step Left To Side.
- 3-4 Cross Right Behind Left , Step Left Making 1/4 Left.
- 5-6 Step Forward Right , Pivot 1/2 Turn Left.
- 7-8 Walk Forward Right , Left.

Paddle Turn 1/4 , Heel Digs , Rock

- 1-2 Step Forward Right , Pivot 1/8 Turn Left.
- 3-4 Step Forward Right , Pivot 1/8 Turn Left.
- 5&6 Touch Right Heel Forward , Step Down On Right , Touch Left Heel Forward.
- &7-8 Step Down On Left , Rock Right Forward , Recover To Left.

Happy Dancing :D x
