

Twelve O'Clock Rock

COPPER **KNOB**
BY STEPHEN METZ

Compte: 24

Mur: 4

Niveau: Beginner

Chorégraphe: Totoy Pinoy (USA) - February 2011

Musique: Rock Around the Clock - Bill Haley & The Comets



Alt. Music: Mmm Bop by Klaus Hallen Tanzorchester

Start dancing on lyrics

VINE RIGHT, VINE LEFT

- 1-2 Step R to side, cross L behind R
- 3-4 Step R to side, touch L together
- 5-6 Step L to side, cross R behind L
- 7-8 Step L to side, touch R together

TOE TOUCHES, STEPS BACK

- 1-2 Touch R toe forward, step R together
- 3-4 Touch L toe forward, step L together
- 5-6 Step R back, step L back
- 7-8 Step R back, touch L together

Option 1-4: touch R toe forward, drop heel, touch L toe forward, drop heel

SLOW ROCK FORWARD, ROCK-AND-ROCK-TOUCH

- 1-2 Body slightly turned to right diagonal, rock L forward (lean forward), hold
- 3-4 Recover to R (lean back), hold
- 5-6 Rock L forward (lean forward), recover to right (lean back)
- 7-8 Rock L forward (lean forward), turn 1/4 left and touch R together

REPEAT

Last Update: 8 Mar 2024
