

# Tearin' Up My Heart

**COPPER** **NOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 2

**Niveau:** Intermediate

**Chorégraphe:** George Archer (UK) - February 2011

**Musique:** Tearin' Up My Heart - \*NSYNC



**Intro: Start at first verse: 00:28**

## **HOOK, POINT BACK, STEP-LOCK-STEP, ROCK STEP, ½ TURN STEP, ¼ TURN HOP**

- 1-2 Hook right foot in front of left, Point right foot behind  
3&4 Step forward on right, lock left behind, forward on right  
5-6 Rock forward on left and recover on right, ½ left  
7-8 Step forward on left ¼ turn left and hop on left foot

## **SAILOR STEP ¼ TURN LEFT, STEP, STEP ¼ TURN, SAILOR STEP ¼, HOP, HEEL**

- &1&2 Land on right foot, cross left foot behind left, step to side with right, ¼ turn left and step forward on left  
3-4 Step right forward, step left forward and ¼ turn right  
5&6 Cross right behind left, step left side, ¼ turn right, step right forward  
7&8 ¼ turn right, hop on right foot, land on left, stick right heel to side

## **HEEL, POINT BACK ½ TURN, KICK, POINT, POINT, BOX ¼ TURN**

- &1&2 Recover stepping right together, left heel in front, recover left, point right behind  
3-4 ½ turn right, put weight on right foot, kick left forward  
&5&6 Recover left, point right to side, recover, point left to side  
7&8 Cross left over right, step right back, ¼ left, step left forward

## **STEP, SHUFFLE, KICK- ½ TURN- KICK, COASTER STEP, STEP**

- 1-2&3 Step right forward, step left in front, bring right together, step left forward  
4-5 Kick right in front, (keeping right leg in the air) ½ turn right, kick right in front  
6&7-8 Step right back, left together, right in front, step left forward

**REPEAT**

**RESTART:** On 4th wall complete first two sections and start again after hop.

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