

# I Can Lose My Heart Tonight

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 64

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Bente Kongstad (DK) - January 2011

**Musique:** I Can Lose My Heart Tonight (Radio Version) - C.C. Catch : (Album: Catch The Catch)



**Intro: 32 counts**

## **Vine R, vine L**

- 1-2 Step R to R side, cross L behind R
- 3-4 step R to R side, touch L beside R
- 5-6 step L to L side, cross R behind L
- 7-8 step L to L side, touch R beside L (facing 12 o'clock)

## **Walk fw with kick, walk back with touch**

- 1-2 Walk fw R, walk fw L
- 3-4 walk fw R, kick L & clap
- 5-6 walk back L, walk back R
- 7-8 walk back L, touch R beside L (facing 12 o'clock)

## **Step ½ turn L, step, hold, jazzbox**

- 1-2 Step R fw, make ½ turn L (weight on L)
- 3-4 step R fw, hold
- 5-6 cross L over R, step R back,
- 7-8 step L to L side, touch R beside L (facing 6 o'clock)

## **Monterey ¼ turn R, heel hook R, heel touch R**

- 1-2 Point R to R side, step R next to L while making a ¼ turn R
- 3-4 point L to L side, step L beside R
- 5-6 touch R heel fw, hook R heel in front of L
- 7-8 touch R heel fw, touch R beside L (facing 9 o'clock)

## **Rumbabox**

- 1-2 Step R to R side, step L beside R
- 3-4 step R fw, touch L beside R
- 5-6 step L to L side, step R beside L
- 7-8 step L back, touch R beside L (facing 9 o'clock)

## **Monterey ¼ turn R, heel hook R, heel touch R**

- 1-2 Point R to R side, step R next to L while making a ¼ turn R
- 3-4 point L to L side, step L beside R
- 5-6 touch R heel fw, hook R heel in front of L
- 7-8 touch R heel fw, touch R beside L (facing 6 o'clock)

## **Diagonal step fw, diagonal step back, diagonal step back, diagonal step fw**

- 1-2 Step R diagonally fw to R side, touch L beside R
- 3-4 step L diagonally back to L side, touch R beside L
- 5-6 step R diagonally back to R side, touch L beside R
- 7-8 step L diagonally fw to L side, touch R beside L (facing 6 o'clock)

## **Side step R, ¼ turn R, heel hook L, heel touch L**

- 1-2 Step R to R side, step L beside R
- 3-4 make ¼ R stepping R fw, touch L beside R

5-6 touch L heel fw, hook L heel in front of R  
7-8 touch L heel fw, step L beside R (weight on L) (facing 3 o'clock)

**Restart: on wall 3 (facing 6 o'clock), dance count 1-32, then restart dance (facing 3 o'clock)**

**Tag: on wall 6 (facing 9 o'clock), dance count 1-32, then make side step R w/touch & side step L w/touch.  
Then restart dance (facing 6 o'clock)**

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