

# Cold Cold Heart

**Compte:** 56

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Roz Chaplin (UK) & Elizabeth Davies (UK) - October 2010

**Musique:** Cold Cold Heart - Alan Gregory



36 Count intro.

## RIGHT DIAGONAL STEP LOCK, LEFT DIAGONAL STEP LOCK, HEEL, TOE, SHUFFLE BACK

- 1&2 Step diagonally forward right, lock left behind right, step diagonally forward on right  
3&4 Step diagonally forward on left, lock right behind left, step forward on left  
5-6 Touch right heel forward, touch right toe back  
7&8 Step right back, close left beside right, step back on right

## LEFT DIAGONAL STEP LOCK, RIGHT DIAGONAL STEP LOCK, HEEL, TOE, STEP ¼ CROSS

- 1&2 Step diagonally forward on left, lock right behind left, step forward on left  
3&4 Step diagonally forward right, lock left behind right, step forward on right  
5-6 Touch left heel forward, touch left toe back  
7&8 Step forward on left turning ¼ right, cross left over right

## POINT, FORWARD, SIDE, COASTER STEPS X2

- 1-2 Point right toes forward, point right toes to right side  
3&4 Step right back, step left beside right, step right forward  
5-6 Point left toes forward, point left toes to left side  
7&8 Step left back, step right beside left, step left forward

## EXTENDED WEAVE RIGHT

- 1-4 Step right to right side, cross left behind right, step right to right side, cross left over right  
5-8 Step right to right side, cross left behind right, step right to right side, cross left over right

## MONTEREY ¼ TURN X2

- 1-2 Point right toe to right side, turn ¼ turn right over right shoulder  
3-4 Putting weight onto right foot, point left to left side, step left beside right  
5-6 Point right toe to right side, turn ¼ turn right over right shoulder  
7-8 Putting weight onto right foot, point left to left side, step left beside right taking weight

## STEP RIGHT, ROCK BACK, RECOVER, KICKBALL CROSS

- 1-2& Step right to right, rock back left behind right, recover onto right  
3&4 Kick left foot forward, step onto left foot, cross right over left

## STEP LEFT, ROCK BACK, RECOVER, KICKBALL CHANGE

- 1-2& Step left to left, rock back right behind left, recover onto left  
3&4 Kick right foot forward, step right foot, cross left over right

## FORWARD & BACK MAMBO'S, ROCK SIDE & RECOVER X2a

- 1&2 Rock forward onto right, recover onto left, step right beside left  
3&4 Rock back onto left, recover onto left, step left beside right  
5&6 Rock out to right side, recover onto left, step right beside left  
7&8 Rock out to left side, recover onto right, step left beside right

Music Available From Alan Gregory: [www.alangregory.me.uk](http://www.alangregory.me.uk)