

Heartkeeper

Compte: 48

Mur: 4

Niveau: Improver Waltz



Chorégraphe: Louise G (UK) - October 2010

Musique: Secret - Seal

Forward Side Rock, Back Side Rock

- 1-3 Step forward on left, rock right to right side, recover onto left
4-6 Step right back & slightly behind left, rock left to left side and recover onto right

Step Sweep Cross, Back Turn (1/4 right) Cross (3 o'clock)

- 1-3 Step forward on left, sweep right across left, step down onto right foot (right in front of left)
4-6 Step back on left, make 1/4 turn right stepping right to right side, step left foot across in front of right.

Side Rock Touch, Full Turn Right (right, left, right)

- 1-3 Rock right foot to right side, recover onto left, touch right next to left
4-6 Full rolling turn right (direction – right side) on right, left, right

Cross, Side, Cross, Rock Turn Step (1/4 left) (12 o'clock)

- 1-3 Cross left over right, step right to right, cross left over right (cross shuffle)
4-6 Rock out onto right, turn 1/4 left onto left foot, step right foot forward

Forward Left Drag Right & Touch, Rock Forward Recover Step Back

- 1-3 Step forward on left, drag right to left over 1 count (2), touch right next to left (3)
4-6 Rock forward on right, recover back onto left, step right foot back

Cross, Back, Back, Coaster Step

- 1-3 Cross left foot over right, step back right, left (travelling backwards)
4-6 Step back on right, step left foot in place, step right foot forward

Step Forward Hold, Back Drag Touch

- 1-3 Step forward & rock onto left taking the weight and hold 2 counts (leave the right foot back)
4-6 Step back on right foot, drag left next to right (2-3)

Step Left Drag Touch, Rolling Turn Right 1 & 1/4 (3 o'clock)

- 1-3 Step left & drag right to left (2) touch right next to left (3)
4-6 Rolling turn 1 & 1/4 right on right, left, right

Restart: Wall 2 dance to Count 36 (Coaster step) then RESTART from the beginning (3 O'clock)

Tag: End of Wall 6 3/4 turn left over 12 counts

- 1-3 Left basic forward turning 1/4 turn left
4-6 Right basic back turning 1/4 turn left
7-9 Left basic forward turning 1/4 turn left
10-12 Right basic straight back

Start again (6 O'clock)
