

# Cha Cha Your Body

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Rob Fowler (ES) & Debbie Ellis (ES) - July 2010

**Musique:** Your Body - Tom Novy & Michael Marshall : (CD: Pump It Up, Cardio Workout)



## **Side, Rock Step, Cha Cha Forward, Rock Step, ¼ turn Side Chasse**

- 1-3 Step Left To Left Side, Rock back on Right, Recover forward onto Left  
4&5 Step forward Right, Step Left behind Right, Step forward Right  
6,7 Rock forward Left, Recover back on Right  
8&1 Make ¼ turn Left step left to Left side, Step Right Next to Left, Step Left to Left Side

## **Cross ½ turn Right, Cha Cha Side Rock Touch, Chasse Left**

- 2,3 Cross Right Over Left, Step Left To Left Side  
45& Make ½ Turn Right Stepping Right To Right Side, Step Left Next To Right, Step Right Next To Left  
6&7 Rock Left to Left side, Recover to right, Touch Left Next to Right  
8&1 Step Left to Left Side, Step Right Next To Left, Step Left to Left Side

## **Rock Step, Side Chasse ¼ Turn, Step ½ Pivot Turn Right, ¼ Turn Right Side Chasse Left**

- 2,3 Rock Right Over Left, Recover Back on Left  
4&5 Step Right to Right Side, Step Left Next To Right, Make ¼ turn Right Step on Right  
6,7 Step Forward Left, Make ½ Turn Right  
8&1 Make ¼ Turn Right stepping Left to Left Side, Step Right next to Left, Step left to Left Side

## **Rock Recover, ½ Hinge Turn, Hip Bumps (Booty Shake)**

- 2,3 Rock Back Right, Recover Forward on Left,  
4,5 Step Forward Right, Make ½ turn Left stepping Left To Left Side  
6-8 Bump Hips Right, Bump Hips Left, Bump hips Right(Alternatively Booty Shake Anti Clockwise for 3 counts)

**End Of Dance**