## **High School Now**

Niveau: Intermediate

Chorégraphe: Katherine Lam (HK) - June 2010

**Musique:** Now or Never - The Cast of High School Musical : (Album: High School Musical 3)



**COPPER KNO** 

## Starts on Vocals (at approx. 24 sec)

Compte: 32

1       Step right foot across right (facing diagonal)         2       Step left foot across right (facing diagonal)         3 & 4       Step right foot to right side while bumping hips R-L-R (elbowing right arm to right on Count 4) (12.00)         5       Step left foot to left side         6       Cross touch right foot behind left         7 & 8       Right hand on left shoulder, left hand on right shoulder, make a ¼ turn L with right foot stepping back (dip slightly while pushing left foot forward and pressing hands down) (9.00)         Cross Fouch x 2, 1/2 Monterey Left, Step Back         1, 2       Cross right foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)         3, 4       Cross right foot over left, touch right foot to left side (arms pressing down on Count 4)         5, 6       Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)         7, 8       Step back on right foot, recover on left         Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right & Left         1       Step right foot to right side (right arm slightly hips pushing outward with knees bending and bring right arm down toward left hip)         3, 4       Repeat 1, 2         5 & 6       Kick right foot to right side (right arm slightly backward with eyes looking at same direction)         8       Step left foot to left side (left arm slightly backward with	Right Cross, Left Cross, Hip Bumps R-L-R, Step Left, Cross Right Behind, Hand on Shoulder R-L, Step Back		
<ul> <li>3 &amp; 4 Step right foot to right side while bumping hips R-L-R (elbowing right arm to right on Count 4) (12.00)</li> <li>5 Step left foot to left side</li> <li>6 Cross touch right foot behind left</li> <li>7 &amp; 8 Right hand on left shoulder, left hand on right shoulder, make a ¼ turn L with right foot stepping back (dip slightly while pushing left foot forward and pressing hands down) (9.00)</li> <li>Cross Touch x 2, 1/2 Monterey Left, Step Back</li> <li>1, 2 Cross left foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)</li> <li>3, 4 Cross right foot over left, touch left foot to left side (arms pressing down on Count 4)</li> <li>5, 6 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7, 8 Step back on right foot, recover on left</li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left</li> <li>1 Step right foot to right side (stretching right arm high)</li> <li>2 Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>3, 4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot to right side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step right foot to left x 2, Sweep</li> <li>1, 2 Bump hips to right x 2</li> <li>3, 4 Sweep right foot form front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to right x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same moveme</li></ul>			
<ul> <li>(12:00)</li> <li>Step left foot to left side</li> <li>Cross touch right foot behind left</li> <li>7 &amp; 8 Right hand on left shoulder, left hand on right shoulder, make a ¼ turn L with right foot stepping back (dip slightly while pushing left foot forward and pressing hands down) (9:00)</li> <li>Cross Touch x 2, 1/2 Monterey Left, Step Back</li> <li>1, 2 Cross left foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)</li> <li>3, 4 Cross right foot over left, touch left foot to left side (arms pressing down on Count 4)</li> <li>5, 6 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7, 8 Step back on right foot, recover on left</li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left</li> <li>1 Step right foot to right side (stretching right arm high)</li> <li>2 Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>3, 4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot forward, step back on ball, cross left foot over right</li> <li>7 Step right foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (root form front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> </ul>	2	Step left foot across right (facing diagonal)	
<ul> <li>6 Cross touch right foot behind left</li> <li>7 &amp; 8 Right hand on left shoulder, left hand on right shoulder, make a ¼ turn L with right foot stepping back (dip slightly while pushing left foot forward and pressing hands down) (9.00)</li> <li>Cross Touch x 2, 1/2 Monterey Left, Step Back</li> <li>1, 2 Cross left foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)</li> <li>3, 4 Cross right foot over left, touch left foot to left side (arms pressing down on Count 4)</li> <li>5, 6 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7, 8 Step back on right foot, recover on left</li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left</li> <li>1 Step right foot to right side (stretching right arm high)</li> <li>2 Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>3, 4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot form front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to right x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> </ul>	3 & 4		
<ul> <li>7 &amp; 8 Right hand on left shoulder, left hand on right shoulder, make a ¼ turn L with right foot stepping back (dip slightly while pushing left foot forward and pressing hands down) (9.00)</li> <li>Cross Touch x 2, 1/2 Monterey Left, Step Back <ol> <li>Cross Ieft foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)</li> <li>4 Cross right foot over left, touch left foot to left side (arms pressing down on Count 4)</li> <li>5 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7 , 8 Step back on right foot, recover on left</li> </ol> </li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left <ol> <li>Step right foot to right side (stretching right arm high)</li> <li>Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot form front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to right x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> </ol> </li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> </ul>	5	Step left foot to left side	
<ul> <li>stepping back (dip slightly while pushing left foot forward and pressing hands down) (9.00)</li> <li>Cross Touch x 2, 1/2 Monterey Left, Step Back <ol> <li>Cross left foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)</li> <li>4 Cross right foot over left, touch left foot to left side (arms pressing down on Count 4)</li> <li>5 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7, 8 Step back on right foot, recover on left</li> </ol> </li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left <ol> <li>Step right foot to right side (stretching right arm high)</li> <li>Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot form front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to right x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> </ol> </li> </ul>	6	Cross touch right foot behind left	
<ul> <li>1, 2 Cross left foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)</li> <li>3, 4 Cross right foot over left, touch left foot to left side (arms pressing down on Count 4)</li> <li>5, 6 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7, 8 Step back on right foot, recover on left</li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left</li> <li>1 Step right foot to right side (stretching right arm high)</li> <li>2 Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>3, 4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>1, 2 Bump hips to right x 2</li> <li>3, 4 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> </ul>	7 & 8		
<ul> <li>3,4 Cross right foot over left, touch left foot to left side (arms pressing down on Count 4)</li> <li>5,6 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7,8 Step back on right foot, recover on left</li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left</li> <li>1 Step right foot to right side (stretching right arm high)</li> <li>2 Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>3,4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5,6 Bump hips to left x 2</li> <li>7,8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>5,6 Start Again!</li> </ul>	Cross Touch x 2, 1/2 Monterey Left, Step Back		
<ul> <li>5, 6 Step left foot beside right while making a 1/2 turn L, touch right foot to right side (raising arms 'V' shape on Count 6)</li> <li>7, 8 Step back on right foot, recover on left</li> <li>Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right &amp; Left <ol> <li>Step right foot to right side (stretching right arm high)</li> <li>Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)</li> <li>4 Repeat 1, 2</li> <li>5 &amp; 6 Kick right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> </ol> </li> <li>1 Hip Bumps Right x 2, Sweep, Hip Bumps Left x 2, Sweep <ol> <li>2</li> <li>3, 4 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> </ol> </li> <li>5 Start Again!</li> </ul>	1, 2	Cross left foot over right, touch right foot to right side (raising arms 'V' shape on Count 2)	
'V' shape on Count 6)7, 8Step back on right foot, recover on leftStep Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right & Left1Step right foot to right side (stretching right arm high)2Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)3, 4Repeat 1, 25 & 6Kick right foot forward, step back on ball, cross left foot over right7Step right foot to right side (left arm slightly backward with eyes looking at same direction)8Step left foot to left side (left arm slightly backward with eyes looking at same direction)1, 2Bump hips to right x 2, Sweep1, 2Bump hips to right x 23, 4Sweep right foot from front to back (both hands pressing down with same movement)5, 6Bump hips to left x 27, 8Sweep left foot from front to back (both hands pressing down with same movement)5, 6Start Again!	3, 4		
Step Right, Recover Left (knees bend) x 2, Kick-Ball Cross, Step Right & Left1Step right foot to right side (stretching right arm high)2Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)3, 4Repeat 1, 25 & 6Kick right foot forward, step back on ball, cross left foot over right7Step right foot to right side (right arm slightly backward with eyes looking at same direction)8Step left foot to left side (left arm slightly backward with eyes looking at same direction)1, 2Bump hips to right x 2, Sweep1, 2Bump hips to right x 23, 4Sweep right foot from front to back (both hands pressing down with same movement)5, 6Bump hips to left x 27, 8Sweep left foot from front to back (both hands pressing down with same movement)Start Again!	5, 6		
1       Step right foot to right side (stretching right arm high)         2       Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)         3, 4       Repeat 1, 2         5 & 6       Kick right foot forward, step back on ball, cross left foot over right         7       Step right foot to right side (right arm slightly backward with eyes looking at same direction)         8       Step left foot to left side (left arm slightly backward with eyes looking at same direction)         8       Step left foot to left side (left arm slightly backward with eyes looking at same direction)         8       Step left foot to from to back (both hands pressing down with same movement)         5, 6       Bump hips to left x 2         7, 8       Sweep left foot from front to back (both hands pressing down with same movement)         5, 6       Sweep left foot from front to back (both hands pressing down with same movement)         5, 6       Bump hips to left x 2         7, 8       Sweep left foot from front to back (both hands pressing down with same movement)	7, 8	Step back on right foot, recover on left	
1       Step right foot to right side (stretching right arm high)         2       Replace weight on left foot while dipping slightly (hips pushing outward with knees bending and bring right arm down toward left hip)         3, 4       Repeat 1, 2         5 & 6       Kick right foot forward, step back on ball, cross left foot over right         7       Step right foot to right side (right arm slightly backward with eyes looking at same direction)         8       Step left foot to left side (left arm slightly backward with eyes looking at same direction)         8       Step left foot to left side (left arm slightly backward with eyes looking at same direction)         8       Step left foot to from to back (both hands pressing down with same movement)         5, 6       Bump hips to left x 2         7, 8       Sweep left foot from front to back (both hands pressing down with same movement)         5, 6       Sweep left foot from front to back (both hands pressing down with same movement)         5, 6       Bump hips to left x 2         7, 8       Sweep left foot from front to back (both hands pressing down with same movement)	Step Right, Recover Left (knees bend) x 2. Kick-Ball Cross, Step Right & Left		
and bring right arm down toward left hip)3, 4Repeat 1, 25 & 65 & 6Kick right foot forward, step back on ball, cross left foot over right77Step right foot to right side (right arm slightly backward with eyes looking at same direction)88891, 291, 291, 291, 291, 491, 591, 691, 791, 81, 91, 91, 10			
<ul> <li>5 &amp; 6 Kick right foot forward, step back on ball, cross left foot over right</li> <li>7 Step right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>Hip Bumps Right x 2, Sweep, Hip Bumps Left x 2, Sweep</li> <li>1, 2 Bump hips to right x 2</li> <li>3, 4 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>Start Again!</li> </ul>	2		
<ul> <li>Step right foot to right side (right arm slightly backward with eyes looking at same direction)</li> <li>Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>Hip Bumps Right x 2, Sweep, Hip Bumps Left x 2, Sweep</li> <li>1, 2 Bump hips to right x 2</li> <li>3, 4 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>Start Again!</li> </ul>	3, 4	Repeat 1, 2	
<ul> <li>8 Step left foot to left side (left arm slightly backward with eyes looking at same direction)</li> <li>Hip Bumps Right x 2, Sweep, Hip Bumps Left x 2, Sweep</li> <li>1, 2 Bump hips to right x 2</li> <li>3, 4 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>Start Again!</li> </ul>	5&6	Kick right foot forward, step back on ball, cross left foot over right	
Hip Bumps Right x 2, Sweep1, 2Bump hips to right x 23, 4Sweep right foot from front to back (both hands pressing down with same movement)5, 6Bump hips to left x 27, 8Sweep left foot from front to back (both hands pressing down with same movement)Start Again!	7		
<ul> <li>1, 2 Bump hips to right x 2</li> <li>3, 4 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>Start Again!</li> </ul>	8	Step left foot to left side (left arm slightly backward with eyes looking at same direction)	
<ul> <li>3, 4 Sweep right foot from front to back (both hands pressing down with same movement)</li> <li>5, 6 Bump hips to left x 2</li> <li>7, 8 Sweep left foot from front to back (both hands pressing down with same movement)</li> <li>Start Again!</li> </ul>			
5, 6Bump hips to left x 27, 8Sweep left foot from front to back (both hands pressing down with same movement)Start Again!			
7, 8Sweep left foot from front to back (both hands pressing down with same movement)Start Again!			
Start Again!			
	7,8	Sweep left foot from front to back (both hands pressing down with same movement)	
End of Wall 7 (facing 9:00), hold 4 counts	Start Again!		
	End of Wall 7	(facing 9:00), hold 4 counts	

Enjoy and Have Fun!

## **Mur**: 4