

Twistin'

Compte: 0

Mur: 2

Niveau: Phrased Beginner

Chorégraphe: Benny Ray (DK) - April 2010

Musique: Twistin' the Night Away - Sam Cooke



Sequence: A A B A A B A A A B A A (part B is always facing 12:00)

PART A

4x Toe Strut Forward

- 1-2 Step right toe forward, drop right heel down
- 3-4 Step left toe forward, drop left heel down
- 5-6 Step right toe forward, drop right heel down
- 7-8 Step left toe forward, drop left heel down

Toe Strut Jazz Box With ¼ Turn Right

- 9-10 Cross right toe in front of left, drop right heel down
- 11-12 Step back on left toe, drop left heel down
- 13-14 Step ¼ turn to the right on right toe, drop right heel down
- 15-16 Step left toe forward, drop left heel down

Toe Strut Jazz Box With ¼ Turn Right

- 17-18 Cross right toe in front of left, drop right heel down
- 19-20 Step back on left toe, drop left heel down
- 21-22 Step ¼ turn to the right on right toe, drop right heel down
- 23-24 Step left toe forward, drop left heel down

4x Heel Grind Traveling Left

- 25-26 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)
- 27-28 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)
- 29-30 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)
- 31-32 Cross right heel over left foot (twist right toe left), step left to the side (twist right toe right)

PART B

Twist And Clap

- 1-4 Twist heels right, twist toes right, twist heels right, clap
- 5-8 Twist heels left, twist toes left, twist heels left to center, clap

2x ½ Monterey Turn Right

- 9-10 Point right toe to the side, make ½ turn right closing right next to left
- 11-12 Point left to side, close left next to right
- 13-14 Point right toe to the side, make ½ turn right closing right next to left
- 15-16 Point left to side, close left next to right

Twist And Clap

- 17-20 Twist heels right, twist toes right, twist heels right, clap
- 21-24 Twist heels left, twist toes left, twist heels left to center, clap

2x ½ Monterey Turn Right

- 25-26 Point right toe to the side, make ½ turn right closing right next to left
- 27-28 Point left to side, close left next to right
- 29-30 Point right toe to the side, make ½ turn right closing right next to left
- 31-32 Point left to side, close left next to right

