

Cowboy Swingin'

COPPER **KNOB**
STEPSHEETS

Compte: 32

Mur: 2

Niveau: Beginner



Chorégraphe: Knox Rhine (USA) - April 2010

Musique: Swingin' With the Cowboys - George Lee, Jr. & the Crazy Cowboys

Or: Swingin' / John Anderson

8 Count intro, start with vocals

BUMP HIPS TO THE LEFT,

- 1 Step left with LEFT foot bumping hips left
- & Relax
- 2 Bump hips left
- & Relax
- 3 Bump hips left
- & Relax
- 4 Bump hips left, transfer weight to LEFT foot

BUMP HIPS TO THE RIGHT

- & Lift RIGHT foot
- 5 Step to right side with RIGHT foot, bumping hips right
- & Relax
- 6 Bump hips right
- & Relax
- 7 Bump hips right
- & Relax
- 8 Bump hips right, transfer weight to RIGHT foot

1 1/4 PADDLE TURN RIGHT

- & Lift LEFT toe slightly
- 9 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (3 o'clock),
- & Lift LEFT toe slightly
- 10 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (6 o'clock)
- & Lift LEFT toe slightly
- 11 Tap/push LEFT toe to left side & pivot 1/2 turn right on ball of RIGHT foot (12 o'clock)
- & Lift LEFT toe slightly
- 12 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (3 o'clock)

SYNCOPATED 'VINE LEFT

- 13 Step to LEFT side with LEFT foot
- 14 Step across behind left leg with RIGHT foot
- & Step to left side with LEFT foot
- 15 Step across in front of left leg with RIGHT foot
- 16 Step to left side with LEFT foot

SYNCOPATED 'VINE RIGHT

- 17 Step to right side with RIGHT foot
- 18 Step across behind right leg with LEFT foot
- & Step to right side with RIGHT foot
- 19 Step across in front of right leg with LEFT foot
- 20 Step to right side with RIGHT foot

1 1/4 PADDLE TURN RIGHT

- & Lift LEFT toe slightly
- 21 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (6 o'clock)
- & Lift LEFT toe slightly
- 22 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (9 o'clock)
- & Lift LEFT toe slightly
- 23 Tap/push LEFT toe to left side & pivot 1/2 turn right on ball of RIGHT foot (3 o'clock)
- & Lift LEFT toe slightly
- 24 Tap/push LEFT toe to left side & pivot 1/4 turn right on ball of RIGHT foot (6 o'clock)

ROCK-STEP, SHUFFLE BACK,

- 25 Step forward with LEFT foot
- 26 Rock back onto RIGHT foot
- 27 Step back with LEFT foot
- & Step RIGHT foot next to left foot
- 28 Step back with LEFT foot

ROCK-STEP, SHUFFLE FORWARD

- 29 Step back with RIGHT foot
- 30 Rock forward onto LEFT foot
- 31 Step forward with RIGHT foot
- & Step LEFT foot next to right foot
- 32 Step forward with RIGHT foot

Repeat

PADDLE TURN OPTION: POINT, HITCH, POINT, TOUCH

- 9 Touch LEFT toe to left side
- 10 Hitch 1/4 turn right with LEFT knee
- 11 Touch LEFT toe to left side
- 12 Touch LEFT toe beside right foot

Same for counts 21 thru 24
