Jersey Girls Cha



Compte: 32 Mur: 4 Niveau: High Beginner

Chorégraphe: Rosie Multari (USA) - February 2010

Musique: Jersey Girl - the Bacon Brothers : (CD: Getting There)



NB: Dance begins after vocals with guitar only (45 sec); count in 5, 6, 7, 8 on the words "Rides, Down the Shore" and you start "1" on the word "things".

You can stop the dance at 2:55 when the tempo slows down, or continue dancing until the end. Slower tempo: Jersey Girl by Hal Ketchum (cd: Father Time) or Bruce Springsteen performed live with audience participation.

STEP CROSS ROCK, CHASSE 1/4 TURN, ROCK & LOCK CHA

| 1-3 | Step L to left side | , cross rock R over L | , recover weight to L |
|-----|---------------------|-----------------------|-----------------------|
| | | | |

4&5 Chasse to right, turning ¼ to right
6, 7 *Rock forward on L, recover weight to R
8&1 Step back L, cross R over L, step back L

SWAYS, 1/4 TURN CHA, 1/4 PIVOT, CROSSING CHA

| 2, | 3 | Sway | R | 1 |
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Turn ¼ right as you step (cha) forward R, L, R
Step forward L, ¼ Pivot right shifting weight to R
Cross L over R, step R next to L, cross L over R

SWAYS, CHA, ROCK & LOCK CHA

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4&5 Step (Cha) Forward R, L, R

*Rock forward on L, recover weight to RStep back L, cross R over L, step back L

SWAYS, SYNCOPATED ROCKS, STEP SLIDE TOUCH

2, 3 Sway R, L

4&5&6& Cross R over L, Step L in place, Rock R to right side, Step L In place, Cross R over L, Step L

in place

7, 8& Wide Step R to right, slide L next to R, Touch L next to R

*OPTIONAL FULL TURN FOR 6, 7, 8&1 in first & third sets of 8:

6, 7 Step forward L, ½ turn right shifting weight to R

8&1 ½ turn right while you triple L, R. L

Begin again!

This dance is dedicated to all the Jersey Girls (& Guys) who dance at the Pt Pleasant Elks on Thurs nights and keep our circle of friends moving!

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