

# Get Rhythm

**Compte:** 34

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Helen Conroy (IRE) - September 2009

**Musique:** Get Rhythm - Johnny Cash



**Start dance on vocals**

## **SECTION 1: Right Charleston Step X 2**

- 1-2- Step forward on right, kick left forward
- 3-4- Step back on left, touch right toe back
- 5-8- Repeat steps 1-4 of section 1

## **SECTION 2: Walk Forward X 3, Kick Left Forward, Walk Back x 3, Touch Right**

- 1-4- Walk forward right, left, right, kick left forward
- 5-8- Walk back left, right, left, touch right beside left

## **SECTION 3: Right & Left Side Touches with 1/4 Turn Left**

- 1-2- Step right to right side, touch left beside right
- 3-4- 1/4 Left stepping forward on left, touch right beside left
- 5-8- Repeat steps 1-4 of section 3

## **SECTION 4: Walk Forward x 3, Kick Left Forward, Walk Back x 3, Close Right**

- 1-4- Walk forward right, left, right, kick left forward
- 5-8- Walk back left, right, left, close right beside left

**RESTART : During Walls 2 & 6 Leave Out Section 5 & Restart The Dance.**

## **SECTION 5: Heel Bounces x 2**

- & 1- Lift right & left heels up , drop right & left heels down
- & 2- Lift right & left heels up, drop right & left heels

Helen - [www.linedanceireland.ie](http://www.linedanceireland.ie)