Compte: 48 Mur: 4 Niveau: Intermediate
Chorégraphe: Karl-Harry Winson (UK) - August 2009
Musique: Quick Fix - V V Brown : (Album: Travelling like the light)
Intro: 16 count intro (start on vocals)

## Section 1: (1-8) Walk $\times 2$. Right kickball change. Step $1 / 4$ turn $\times 2$.

1-2 Walk forward on the right. Walk forward on the left.
$3 \& 4 \quad$ Kick the right foot forward. Step right next to left. Step left in place next to right.
5-6 Step forward on the right. Make a $1 / 4$ turn left.
7-8 Step forward on the right. Make a $1 / 4$ turn left.
(Counts 5-8, emphasis with hip movements)
Section 2: (9-16) Cross side behind \& heel. \& cross-side. Weave right.
1-2 $\quad$ Cross right over left. Step left foot to the left side.
3\&4 Step right behind left. Step left next to right. Dig right heel to right diagonal.
\&5,6 Step right next to left foot. Cross left foot over right. Step right foot to right side.
7\&8 Cross left foot behind the right. Step right foot to right side. Cross left foot in front of the right.
Section 3: (17-24) Syncopated rocks. Left jazz box.
1-2 Rock right foot out to right side. Recover weight back into the left.
$\& 3,4 \quad$ Step right next to the left. Rock left foot out to the left side. Recover weight back into the right.
5-6 Cross left foot over right. Step back on the right.
7-8 Step left foot to the left side. Scuff the right foot past the left.
Section 4: (25-32) Right shuffle. Step left $1 / 2$ turn. Shuffle $1 / 2$ turn. Right coaster step.
1\&2 Step forward on the right. Step left next to right. Step forward on the right.
Step forward on the left. Make a $1 / 2$ turn right.
5\&6 Shuffle $1 / 2$ turn right stepping; Left, Right, Left (3.00).
7-8 Step back on the right. Step left next to right. Step forward on the right.
Section 5: (33-40) Heel switches (with rocks, travelling forward).
1\&2 Dig left heel forward. Step left foot next to right. Dig right heel forward.
$\& 3,4 \quad$ Step right foot next to left. Rock forward on the left. Recover weight back into the right.
\&5 Step left next to the right. Dig right heel forward.
\&6 Step right next to the left. Dig left heel forward.
$\& 7,8 \quad$ Step left next to the right. Rock forward on the right. Recover weight back into the left.
Section 6: (41-48) $1 / 2$ turn. $1 / 4$ turn. Sailor step. Step forward $\times 2$. Step back touch.
1-2 Make a $1 / 2$ turn right stepping forward on the right; make a $1 / 4$ turn right stepping left foot to the left side.
$3 \& 4$
5-6
Step right behind the left. Step left foot out to left side. Step right foot out to right side.
Step forward and out on the left. Step forward and out on the right.
7-8 Step back on the left. Touch right foot next to the left.

