

# Morning Train

**Compte:** 32

**Mur:** 4

**Niveau:** Easy Improver

**Chorégraphe:** Jeanette Karlsson (SWE) - September 2009

**Musique:** Morning Train (Nine to Five) - Sheena Easton



## Starts on lyrics

### Section 1

#### Left rumba box forward with claps, right rumba box back with claps

- 1-2 Step left to left side, step right next to left
- 3-&4 Step left forward, touch right with two claps
- 5-6 Step right to right side, step left next to right
- 7-&8 Step right back, touch left with two claps

### Section 2

#### Left grapevine ¼ turn left with right scuff, right jazz box touch

- 1-2 Step left to left side, step right behind
- 3-4 Step left ¼ turn to left, scuff right heel
- 5-6 Cross right over left, step left back
- 7-8 Step right to right side, touch left beside

### Section 3

#### Left chassé, right rock step, right grapevine

- 1&2 Step left to left side, step right together, step left to left side
- 3-4 Rock right back, recover onto left
- 5-6 Step right to right, step left behind
- 7-8 Step right to right, step left next to right (weight on left)

### Section 4

#### Right kick ball change x 2, Monterey ½ turn touch

- 1&2 Kick right forward, step onto ball of right, step left in place
- 3&4 Kick right forward, step onto ball of right, step left in place
- 5-6 Point right to right side, turn ½ turn right stepping right together
- 7-8 Point left to left side, touch left beside (weight on right)

### TAGS Bumping hips

- 1-4 Bump your hips left, right, left, right (weight on right)

Tag 1 before wall 3 (facing 6 o'clock)

Tag 2 before wall 6 (facing 3 o'clock)

Tag 3 before wall 9 (facing front, 12 o'clock)

Enjoy!