## Water And A Flame

Compte: 40

Niveau: Intermediate

Chorégraphe: Dee Musk (UK) - August 2009

Musique: Water and a Flame (feat. Adele) - Daniel Merriweather : (Album: Love & War -3:39)

## 16 Count Intro. Approx 13 seconds. Start just before the main vocals.

## SIDE BACK ROCK. SIDE TOUCH SIDE, R SAILOR ¼ TURN L, L SAILOR ½ TURN L WITH A CROSS. 1.2& Step L to L side, cross rock R behind L, recover weight to L. 3&4 Step R to R side, drag L in and touch beside R, step L to L side. 5&6 Making a sailor <sup>1</sup>/<sub>4</sub> turn L cross step R behind L, step L to L side, step R to R side. Making a sailor <sup>1</sup>/<sub>2</sub> turn L cross step L behind R, step R to R side, cross step L over R. 7&8 \*\* Tag & Restart from here during wall 6 begin again facing 12 o'clock-see note below (3 o'clock). 1/4 TURN R, STEP 3/4 TURN R, BEHIND SIDE, CROSS ROCK SIDE ROCK, CROSS BACK SIDE CROSS. 1 Make a ¼ turn R stepping forward on R. 2&3 Step forward on L, make a <sup>3</sup>/<sub>4</sub> turn R, step L to L side. 4& Cross step R behind L, step L to L side. 5&6& Cross rock R over L, recover weight to L, rock R out to R side, recover weight to L. 7&8& Cross R over L, step back on L, step R to R side, cross step L over R. (3 o'clock). SIDE, L SAILOR ¼ TURN L, WALK, STEP ¾ TURN R SIDE CLOSE, SIDE TOUCH SIDE. 1 Step R to R side. 2&3 Making a sailor ¼ turn L cross step L behind R, step R to R side, step slightly forward on L. 4 Walk forward on R. 5&6& Step forward on L, make a <sup>3</sup>/<sub>4</sub> turn R, step L to L side, close R beside L. 7&8 Step L to L side, drag R in and touch beside L, step R to R side. (9 o'clock). CROSS, ¼ TURN L, SIDE, STEP, RUN, RUN, ROCK RECOVER, RUN RUN, TOUCH ½ TURN L. 1.2&3 Cross step L over R, make a ¼ turn L stepping back on R, step L to L side, step forward on R. 4& Run forward L, run forward R. 5,6 Rock forward on L, recover weight to R. &7 Run back L, run back R. &8 Touch left toe back, unwind a <sup>1</sup>/<sub>2</sub> turn L (weight forward on L). (12 o'clock). STEP, STEP ¾ TURN R, SIDE, BEHIND ¼ TURN L, STEP ¾ TURN, SIDE, BACK ROCK. 1,2&3 Step forward on R, step forward on L and make a <sup>3</sup>/<sub>4</sub> turn R, step L to L side. 4& Cross step R behind L, make a <sup>1</sup>/<sub>4</sub> turn L stepping forward on L. 5.6 Step forward on R, make a <sup>3</sup>/<sub>4</sub> turn L (weight on L). 7.8& Step R to R side, cross rock L behind R, recover weight to R. (9 o'clock). \*\*Tag & Restart During wall 6 (which starts facing 9 o'clock), dance up to and including count 6. Replace counts 7&8 with: MODIFIED L SAILOR 1/2 TURN L WITH CROSS ROCK RECOVER

7&8& Making a sailor ½ turn L cross step L behind R, step R to R side, cross rock L over R, recover weight to R.

## Then restart the dance from count 1 facing 12 o'clock.



Mur: 4

Relax and enjoy xx

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