

Green Light

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Paul McAdam (UK) - June 2009

Musique: Green Light (feat. André 3000) - John Legend



Count in: Approximately 25 seconds

(1-8) BACK ROCKS X2, 2 X WALKS OUT-OUT IN-IN

- 1&2 Rock back on left foot, recover on right foot, rock back on left foot slightly hitching right
- 3&4 Rock back on right foot, recover on left foot, rock back on right foot slightly hitching left
- 5,6 Walk forward left, right
- &7 Step left foot out to left side, step right foot out to right side
- &8 Step left foot in, step right foot next to left

(9-16) SIDE, KNEE TWISTS TOGETHER, STEP HOLD, PUMPS

- 1,2 Step left foot out to left side, twist left knee in
- 3,4 Twist left knee out, step left foot next to right
- 5,6 Step right foot out to right side, hold a count
- &7 Arch back, pump chest forward
- &8 Arch back, pump chest forward

(17-24) DIAGONAL WALKS, OUT-OUT, SHAKE

- 1,2 Make an 1/8th of a turn right and walk back on right foot, turn left knee in
- 3,4 Walk back on left foot, turn right knee in
- 5,6 Step right foot out to right side, step left foot out to left side
- &7&8 Shake as fast as possible!

(25-32) STEP TOGETHER HOLDS, BACK ½ TURN WALKS

- 1,2 Make an 1/8th of a turn right to face 3 o'clock, step forward on right foot, hold a count
- 3,4 Step left foot together, hold a count
- 5,6 Step back on right foot, make a ½ turn left and step forward on left foot
- 7,8 Walk forward right, left

(33-40) CROSS TOUCHES, HEEL, TOE ½ TURN WALK

- 1,2 Cross right foot over left, touch left toe to left side
- 3,4 Cross left foot over right, touch right toe to right side
- 5,6 Touch right heel forward, touch right toe back
- 7,8 Make a ½ turn right and take weight on right foot, walk forward on left

(41-48) CROSS TOUCHES, ¼ TURN, TOGETHER

- 1,2 Cross right foot over left, touch left toe to left side
- 3,4 Cross left foot over right, touch right toe to right side
- 5,6 Touch right heel forward, touch right toe back
- 7,8 Make a ¼ turn right leaving weight on LEFT, step right foot together

(49-56) TOUCH, TOGETHER, SIDE HOLD, HEEL TOE CROSS

- 1,2 Touch left toe to left side, step left foot next to right
- 3,4 Step right foot a big step out to right side, hold a count
- 5&6,7,8 Bring right foot in heel, toe, heel, toe so it finishes crossed in front of left and taking weight on right

(57-64) STEP TOUCHES X2, OUT-OUT-IN-IN

- 1,2 Step left foot to left side, touch right toe next to left

- 3,4 Step right foot to right side, touch left toe next to right
- 5,6 Step left foot out to left side, step right foot out to right side
- 7,8 Step left foot in, step right foot in

START AGAIN AND ENJOY!
