

Smooth and Simple

Compte: 32

Mur: 2

Niveau: High Beginner

Chorégraphe: Lynne Martino (USA) - June 2009

Musique: Suavemente (Radio Edit) - Paul Cless



Note: Can be used as a floor split for Cuban Kiss by Niels Poulsen

Country alternative: Everybody's Here by Brad Paisley, "America Saturday Night" 2009 album

(1-8) STEP TOGETHER, CHAISSE, CROSS ROCK, RECOVER, STEP, CROSS

- 1,2 Step R to right side (1), step L next to R (2)
3&4 Step R to right side (3), step L next to R (&), step R to right side (4)
5,6 Cross rock L over R (5), recover on R (6)
7,8 Step L to left side (7), cross R over L (8)

(9-16) STEP TOGETHER, CHAISSE, FULL TURN*, CROSS, RECOVER

- 1,2 Step L to left side (1), step R next to L (2)
3&4 Step L to left side (3), step R next to L (&), step L forward ¼ left (4)
5,6 Step R back ½ left (5), step L ¼ left to left side (6)
7,8 Cross rock R over L (7), recover on L (8)

*Non-turn option: See below

(17-24) ¼ TURN, ROCK, RECOVER, STEP, ROCK, RECOVER, ROCK, RECOVER, ¼ TURN, STEP, STEP

- 1,2 & S Step R forward ¼ right (1), rock L to left side (2), recover on R (&),
3,4 & Step L forward (3), rock R to right side (4), recover on L (&)
5,6 Rock R forward (5), recover on L (6)
7,8 Step R ¼ right to side (7), step L next to R (8)

Option for cts 1,2& 3,4&: Step R forward ¼ right (1), point L to left side (2)

Step L forward (3), Point R to right side (4)

(25-32) STEP TOGETHER, CHAISSE, ROCK, RECOVER, STEP, ROCK, RECOVER

- 1,2 Step R to right side (1), step L next to R (2)
3&4 Step R to right side (3), step L next to R (&), step R to right side (4)
5&6 Cross rock L over R (5), recover on R (&), step L to left side (6)
7,8 Cross rock R over L (7), recover on L (8)

*Non turn option:

- 1,2 Step L to left side (1), Step R next to L (2)
3&4 Step L to left side (3), step R next to L (&), step L to left side(4)
5,6 Cross R over L (5), Step L to left side (6)
7,8 Cross rock R over L (7), recover on L (8)

Choreographer Info: Lynne Martino, Wiska51@aol.com, www.lynnesdancecrew.com