

# Smooth and Simple

Compte: 32

Mur: 2

Niveau: High Beginner

Chorégraphe: Lynne Martino (USA) - June 2009

Musique: Suavemente (Radio Edit) - Paul Cless



**Note:** Can be used as a floor split for Cuban Kiss by Niels Poulsen

**Country alternative:** Everybody's Here by Brad Paisley, "America Saturday Night" 2009 album

## **(1-8) STEP TOGETHER, CHAISSE, CROSS ROCK, RECOVER, STEP, CROSS**

1,2 Step R to right side (1), step L next to R (2)  
3&4 Step R to right side (3), step L next to R (&), step R to right side (4)  
5,6 Cross rock L over R (5), recover on R (6)  
7,8 Step L to left side (7), cross R over L (8)

## **(9-16) STEP TOGETHER, CHAISSE, FULL TURN\*, CROSS, RECOVER**

1,2 Step L to left side (1), step R next to L (2)  
3&4 Step L to left side (3), step R next to L (&), step L forward ¼ left (4)  
5,6 Step R back ½ left (5), step L ¼ left to left side (6)  
7,8 Cross rock R over L (7), recover on L (8)

**\*Non-turn option: See below**

## **(17-24) ¼ TURN, ROCK, RECOVER, STEP, ROCK, RECOVER, ROCK, RECOVER, ¼ TURN, STEP, STEP**

1,2 & S Step R forward ¼ right (1), rock L to left side (2), recover on R (&),  
3,4 & Step L forward (3), rock R to right side (4), recover on L (&)  
5,6 Rock R forward (5), recover on L (6)  
7,8 Step R ¼ right to side (7), step L next to R (8)

**Option for cts 1,2& 3,4&: Step R forward ¼ right (1), point L to left side (2)**

**Step L forward (3), Point R to right side (4)**

## **(25-32) STEP TOGETHER, CHAISSE, ROCK, RECOVER, STEP, ROCK, RECOVER**

1,2 Step R to right side (1), step L next to R (2)  
3&4 Step R to right side (3), step L next to R (&), step R to right side (4)  
5&6 Cross rock L over R (5), recover on R (&), step L to left side (6)  
7,8 Cross rock R over L (7), recover on L (8)

**\*Non turn option:**

1,2 Step L to left side (1), Step R next to L (2)  
3&4 Step L to left side (3), step R next to L (&), step L to left side(4)  
5,6 Cross R over L (5), Step L to left side (6)  
7,8 Cross rock R over L (7), recover on L (8)

**Choreographer Info:** Lynne Martino, [Wiska51@aol.com](mailto:Wiska51@aol.com), [www.lynnesdancecrew.com](http://www.lynnesdancecrew.com)