

# 15 Minutes

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Theresa Needham (UK) - June 2009

**Musique:** 15 Minutes - Rodney Atkins : (CD: It's America)



**38 seconds intro starts on the word "Smokin"**

## **FORWARD TOUCH, BACK TOUCH, SIDE TOGETHER, ¼ RIGHT, BRUSH**

- 1 – 2 Step forward on R, touch L next to R
- 3 – 4 Step back on L, touch R next to L
- 5 – 6 Step R to R side, step L next to R
- 7 – 8 ¼ turn R stepping forward on R, brush L foot forward [3-00]

## **LEFT LOCK STEP, BRUSH, CROSS BACK ¼ RIGHT CROSS**

- 1 – 2 Step forward on L, lock R behind L
- 3 – 4 Step forward on L, brush R forward
- 5 – 6 Cross R over L, ¼ turn R stepping back on L [6-00]
- 7 – 8 Step R to R side, cross L over R

## **TOE STRUT BACK ROCK X 2,**

- 1 – 2 Touch R toe to R side, drop heel
- 3 – 4 Rock back on L, recover onto R
- 5 – 6 Touch L toe to L side, drop heel
- 7 – 8 Rock back on R, recover onto L

## **WALK FORWARD R, L, R, KICK, WALK BACK L, R, ¼ TURN L, TOUCH**

- 1 – 2 Walk forward R, L
- 3 – 4 Walk forward R, kick L foot forward
- 5 – 6 Step back on L, step back on R
- 7 – 8 Making ¼ turn L step L to L side, touch R beside L [3-00]

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