

# Friday At Five

Compte: 48

Mur: 4

Niveau: Easy Intermediate



Chorégraphe: Cheryl Parker (AUS), Gary Parker (AUS), Robyn Groot (AUS) & Linda Wolfe (AUS) - March 2009

Musique: Friday At Five - John Michael Montgomery : (CD: Kickin' It Up)

## (32 count Intro)

### Frieze/Vine Right. Frieze/Vine Left.

- 1 – 2 Step Right to Right side. Cross Left behind Right.
- 3 – 4 Step Right to Right side. Touch Left next to Right.
- 5 – 6 Step Left to Left side. Cross Right behind Left.
- 7 – 8 Step Left to Left side. Touch Right next to Left.

### Right Shuffle Forward. Forward Rock. 1/2 Turn Left Shuffle Back. 1/2 Turn Right Shuffle Back.

- 1&2 Right shuffle forward stepping Right. Left. Right.
- 3 – 4 Rock forward on Left. Rock back on Right.
- 5&6 Left shuffle back turning 1/2 turn Left stepping Left. Right. Left. (Facing 6 o'clock)
- 7&8 Right shuffle forward turning 1/2 turn Left stepping Right. Left. Right. (Facing 12 o'clock)

### Left Coaster Cross. Right Side Rock & Cross. Left Heel Ball Step x 2.

- 1&2 Step back on Left. Step Right beside Left. Cross step Left over Right.
- 3&4 Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.
- 5&6 Touch Left heel forward. Step ball of Left beside Right. Step slightly forward on Right.
- 7&8 Touch Left heel forward. Step ball of Left beside Right. Step slightly forward on Right. ## (Restart Wall 5)

### Step. Pivot 1/4 Turn Right. Behind. Side. Cross. Right Side Rock. Behind. Side. Cross.

- 1 – 2 Step forward on Left. Pivot 1/4 turn Right. (Weight on Right) (Facing 3 o'clock)
- 3&4 Cross Left behind Right Step Right to Right side. Cross Left over Right.
- 5 – 6 Rock Right out to Right side. Recover weight on Left.
- 7&8 Cross Right behind Left. Step Left to Left side. Cross Right over Left.

### Left Toe Strut Forward. Step. Pivot 1/2 Turn Left. Right Toe Strut Forward. Step. Pivot 1/2 Turn Right.

- 1 – 2 Step forward on Left toe. Drop Left heel to floor.
- 3 – 4 Step forward on Right. Pivot 1/2 turn Left. (Weight on Left) (Facing 9 o'clock)
- 5 – 6 Step forward on Right toe. Drop Right heel to floor.
- 7 – 8 Step forward on Left. Pivot 1/2 turn Right. (Weight on Right) (Facing 3 o'clock)

### Forward Rock. Left Triple Step 1/2 Turn Left. Forward Rock. Back Rock. (Right Rocking Chair).

- 1 – 2 Rock forward on Left. Rock back on Right.
- 3&4 Left triple step turning 1/2 turn Left stepping Left. Right. Left. (Facing 9 o'clock) ### (Restart Walls 3 & 6)
- 5 – 6 Rock forward on Right. Rock back on Left.
- 7 – 8 Rock back on Right. Rock forward on Left.

## Start Again

NB To fit in with the phrasing of the music, three easy restarts are required.

## On Wall 5, dance to Count 23. On Count 24 Touch Right next to Left. Then restart the dance.

### On Walls 3 & 6, dance to Count 44. Restart the dance.

Ending: To finish the dance, starting from the back wall, dance to Count 14 (Left Shuffle forward) then Stomp Right. Stomp Left.

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