

Take The Plunge

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Sadiah Heggernes (NOR/UK) - April 2009

Musique: Chapel Of Love - Elton John : (CD: "4 WEDDINGS & A FUNERAL" soundtrack)



SUGGESTED MUSIC: "THAT'S HOW COUNTRY BOYS ROLL" (121 bpm) by Billy Currington
CD; "LITTLE BIT OF EVERYTHING" for a slower teach

Or "RIVERS OF GOLD" by Fame
(Floor split with 'WE BELIEVE')

Start on the word "Spring"

Section 1: Step, Hold & Clap, Ball step, Step, ¼ Pivot, Weave

- 1-2 Step forward on right. Hold & Clap
- &3-4 Small step left beside right. Step forward on right. ¼ pivot left 9:00
- 5-6 Cross right over left. Step left to left side
- 7-8 Cross right behind left. Step left to left side

Section 2: Step, Hold & Clap, Ball step, Step, ¼ Pivot, Weave

- 1-2 Step forward on right. Hold & Clap
- &3-4 Small step left beside right. Step forward on right. ¼ pivot left 6:00
- 5-6 Cross right over left. Step left to left side
- 7-8 Cross right behind left. Step left to left side

Section 3: Cross Rock, Chasse, Cross, ¼ Turn, Coaster Step

- 1-2 Cross rock right over left. Rock back on left
- 3&4 Step right to right side. Close left beside right. Step right to right side
- 5-6 Cross left over right. ¼ turn left stepping back on right 3:00
- 7&8 Step back on left. Step right beside left. Step forward on left

Section 4: Heel, Hold, Step, Side Rock x 2

- 1-2 Touch right heel forward. Hold
- &3-4 Step right beside left. Rock left to left side. Rock weight back onto right
- 5-6 Touch left heel forward. Hold
- &7-8 Step left beside right. Rock right to right side. Rock weight back onto left 3:00

Start again & don't forget to sing along!
