

My One Desire

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Peter Metelnick (UK) & Alison Metelnick (UK) - January 2009

Musique: You're the Reason - Dr. Victor & The Rasta Rebels : (CD: If You Wanna Be Happy)

(1-8) R Cross Rock Side, L Cross Rock ¼ L, ¾ L Turn & R Side, L Cross Rock Side

- 1&2 Cross rock R over L, recover weight on L, step R side
- 3&4 Cross rock L over R, recover weight on R, turning ¼ left step L forward
- 5&6 Step R forward, pivot ½ left, turning ¼ left step R side (12 o'clock)
- 7&8 Cross rock L over R, recover weight on R, step L side

(9-16) Weave L 2, Syncopated Weave With Hitch Turning ¼ R, L Fwd Shuffle, R Chase Turn

- 1-2 Cross step R over L, step L side
- 3& Cross step R behind L, step L side
- 4& Cross step R over L, hitch L up turning ¼ right
- 5&6 Step L forward, step R together, step L forward (or lock step)
- 7&8 Step R forward, pivot ½ left, step R forward (9 o'clock)

(17-24) L & R Fwd Hip Bumps, L Fwd Mambo, R Back Mambo

- 1&2 Stepping L forward bump hips L/R/L
- 3&4 Stepping R forward bump hips R/L/R
- 5&6 Rock L forward, recover weight on R, step L back
- 7&8 Rock R back, recover weight on L, step R forward (9 o'clock)

(25-32) L Side Rock & Recover Into R Meringue With Flick, R Cross Step, L Back, ½ R Coaster Step, L Fwd On L Diagonal

- 1& Rock L side, recover weight on R
- 2& Step L together, step R side
- 3& Step L together, step R side
- 4 Step L together & flick R back
- 5-6 Cross step R over L, step L back
- 7& Sweeping R ½ right step R back, step L together
- 8& Step R together, step L slightly forward on L diagonal (3 o'clock)

TAGS: At the END of EVER 2nd wall (AFTER wall 2, 4, 6 & 8) ADD the following 16 count tag and then begin the dance again from the beginning. Also note the dance will finish with the tag.

(1-8) Walk Fwd R & L, R Chase Turn, Walk Fwd L & R, L Chase Turn

- 1-2 Step R forward, step L forward
- 3&4 Step R forward, pivot ½ left, step R forward
- 5-6 Step L forward, step R forward
- 7&8 Step L forward, pivot ½ left, step L forward

(9-16) R Full Paddle Turn, L Full Paddle Turn

- 1&2&,3&4& Over the next 4 counts execute a full turn R
- 5&6&,7&8& Over the next 4 counts execute a full turn L

