

Blue Ribbon

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Bill James (UK) - November 2008

Musique: Under the Scotsmans Kilt - Celtic Irish Rovers



HEEL, TOE, SHUFFLE, HEEL SWITCHES, STEP OUT IN

- 1 – 2 Dig R heel forward, touch R toe back
3 & 4 Step R forward, close L beside R, step R forward
5 & Dig L heel forward, step L beside R
6 & Dig R heel forward, step R beside L
7 & 8 Step L forward in front of R, on the balls of both feet twist heels out, twist heels in

OUT IN OUT, SHUFFLE, HEEL SWITCHES, KICK BALL CHANGE

- 9 & 10 Twist heels out, twist heels in, twist heels out (weight on L)
11 & 12 Step R forward, close L beside R, step R forward
13 & Dig L heel forward, step L beside R
14 & Dig R heel forward, step R beside L
15 & 16 Kick L forward, step ball of L beside R, step R beside L

CROSS ROCK, SIDE SHUFFLE, REVERSE ½ TURN, SIDE SHUFFLE

- 17 – 18 Cross rock L over R, rock weight back onto R
19 & 20 Step L to L side, close R beside L, step L to L side
21 – 22 Touch R toe back, pivot ½ turn R (weight ends forward on R)
23 & 24 Step L to L side, close R beside L, step L to L side

CROSS, SIDE, SAILOR STEP, CROSS SIDE, SAILOR ¼ TURN

- 25 – 26 Cross step R over L, step L to L side
27 & 28 Cross step R behind L, step L to L side, step R to R side
29 – 30 Cross step L over R, step R to R side
31 & 32 Cross step L behind R, step R to R side making ¼ turn L, step L to L side

SHUFFLE, ROCK, TRIPLE ¾ TURN, COASTER STEP

- 33 & 34 Step R forward, close L beside R, step R forward
35 – 36 Rock forward on L, rock weight back onto R
37 & 38 Triple ¾ turn L stepping L, R, L
39 & 40 Step R back, step L beside R, step R forward

¾ BOX OF SHUFFLES, KICK BALL CHANGE

- 41 & 42 Step L to L side, close R beside L, step L to L side
& On the ball of L make ¼ turn L
43 & 44 Step R to R side, close L beside R, step R to R side
& On the ball of R make ¼ turn L
45 & 46 Step L to L side, close R beside L, step L to L side
& On ball of L make ¼ turn L
47 & 48 Kick R forward, step ball of R beside L, step L beside R

START AGAIN

NOTE: This song is sung accapella (no music just singing). There is no Intro so the dance starts with the singing. Once dancers are used to this the beginning is easy but to start with I tend to miss out counts 1 – 2 on the first wall only.

The dance is only 5 walls long and to finish the dance on 5th wall only miss out the final ¼ turn between 46 – 47 but still dance the final kick ball change.

HAVE FUN & HAPPY DANCING
