

I Can't Let Go

Compte: 48

Mur: 2

Niveau: Intermediate

Chorégraphe: Carol Mckee (AUS) - September 2008

Musique: Can't Let Go - Heidi : (CD: What Am I Waiting For)



START DANCE ON VOCALS

(1 – 8) STOMP, HEEL, BEHIND, HEEL, STOMP, HEEL, BEHIND, HEEL

- 1,2 Stomp R forward 45° right lifting L heel at same time, drop L heel
3,4 Step R toe behind L lifting L heel at same time, drop L heel
5,6 Stomp R forward 45° Right lifting L heel at same time, drop L heel
7,8 Step R toe behind L lifting L heel at same time, drop L hee

(9 – 16) VINE RIGHT, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1-4 Step R to R side, step L behind R, step R to R side, touch L next to R
5-8 Step L to L side, touch R next to L, step R to R side, touch L next to R

(17 – 24) VINE LEFT, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1-4 Step L to left side, step R behind L, step L to L side, touch R next to L
5-8 Step R to R side, touch L next to R, step L to L side, touch R next to L

(25 - 32) COASTER STEP, HOLD, FORWARD, PIVOT, FORWARD, TOUCH

- 1-4 Coaster step: Step back on R, step L next to R, step R forward, hold
5-8 Step L forward, pivot 180° R keeping weight on R, step L forward, touch R next to L

(33 – 40) ¼ TURN TOE, HEEL, ½ TURN TOE, HEEL, 1/4 TURN TOE, HEEL, BEHIND, ROCK

- 1-4 Turning 90° R step R toe forward, drop R heel, turning 180° R step L toe back, drop L heel
5-8 Turning 90° R step R toe to R side, drop R heel, step L behind R, rock forward onto R

(41 – 48) 1/4 TURN TOE, HEEL, ½ TURN TOE, HEEL, ¼ TURN TOE, HEEL, BEHIND, ROCK

- 1-4 Turning 90° left step L toe forward, drop L heel, turning 180° left step R toe back, drop R heel
5-8 Turning 90° left step L toe to left side, drop L heel, step R behind L, rock forward onto L

REPEAT DANCE IN NEW DIRECTION

TAGS: AT THE END OF WALLS 1, 3 & 7... ADD THE NEXT 16 COUNTS

- 1-4 Turning 45° R step R forward, step L next to R, step R forward, touch L next to R
5-8 Turning 90° left (facing left corner) step L forward, step R next to L, step L forward, touch R next to L
- 1-4 Turning 45° right (facing front) step back on R, touch L heel forward, step back on L, touch R heel forward
5-8 Step back on R, touch L heel forward, step back on L, touch R NEXT to L

START DANCE FROM THE BEGINING

FINISH DANCE: Wall eleven dance up to count 16 then add...Vine left touch, stomp R forward 45° right

OPTIONAL ARM MOVEMENTS: (Bracket 1-8) Counts 1, 2 & 5, 6 (Stomp heel) stretch R arm down over R leg 45° right and at the same time stretch L, arm up on the diagonal behind L shoulder