

# Disco Volante

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: TeeKay (NL) - October 2008

Musique: Disco Volante - Fredrik Kempe : (CD: Trust me, My love)



## **Stomp, Stomp, Cross, Step, Cross Rock, Step, Heel touch, Step, Cross, Step**

- 1,2& RF stomp/press 2 times diagonally right forward, RF step next to LF  
3,4 LF cross over RF, RF step to right side  
5&6 LF rock behind RF, weight back on RF, LF touch heel diagonally to left side  
&7,8 LF step back, RF cross over LF, LF step to left side

## **Rock Step, Shuffle, Shuffle ½ Turn Right, Rock Step**

- 1,2 RF rock back, weight back on LF  
3&4 Shuffle forward RF, LF, RF  
5&6 Shuffle forward and turn ½ right LF, RF, LF  
7,8 RF rock back, weight back on LF (06:00)

## **Syncopated Mambo Step, Side Rock, Cross & Cross, Monterey Turn**

- 1,2& RF rock to right side, weight back on LF, RF step next to LF  
3,4 LF rock to left side, weight back on RF  
5&6 LF cross over RF, RF step to right side, LF cross over RF  
7,8 RF touch to right side, make ½ turn right and RF close next to LF (12:00)

## **Touch, Hold, Step, Rock Step, Coaster Step, Step, Step ¼ Turn**

- 1,2& LF touch to left side, hold, LF step next to RF  
3,4 RF rock forward, weight back on LF  
5&6 RF step back, LF step next to RF, RF step forward  
7,8 LF step forward, LF+ RF make ¼ turn right (03:00)

## **Sailor Step, Sailor Step, Lock Step, Step, ½ Turn**

- 1&2 RF cross behind LF, LF step back, RF step to right side  
3&4 LF cross behind RF, RF step back, LF step to left side  
5&6 RF step forward, LF lock behind RF, RF step forward  
7,8 LF step forward, make ½ turn right on LF and sweep RF back (09:00)

## **Rock Step, Kick Ball Step, Hitch With 1/8 Turn R, Hitch With 1/8 Turn R, Rock Step**

- 1,2 RF rock back, weight back on LF  
3&4 RF kick forward, step next to LF on ball RF, LF step forward  
5,6 RF hitch knee making 1/8 turn right, RF hitch knee making 1/8 turn right  
7,8 RF rock back, weight back on LF (12:00)

## **½ Turn L, ½ Turn L, Shuffle, Step Pivot, Shuffle**

- 1,2 Make ½ turn left stepping RF back, make ½ turn left stepping LF forward  
3&4 Shuffle forward RF, LF, RF  
5,6 LF step forward, LF + RF make ½ turn right  
7&8 Shuffle forward LF, RF, LF (06:00)

## **Walk, Walk, Step, Walk, Walk, Stomp, Stomp, Step, Cross, Step**

- 1,2& RF walk forward, LF walk forward, RF step next to LF  
3,4 LF walk forward, RF walk forward  
5,6& LF stomp/press 2x times diagonally left forward, LF step next to RF  
7,8 RF cross over LF, LF step to left side

**Start again!**

**(During the slower part of the music, slow down your feet so the dance will still phrase with the music)**

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