

Amame

Compte: 64

Mur: 4

Niveau: Easy Intermediate

Chorégraphe: Robbie McGowan Hickie (UK) - September 2008

Musique: Amame - Belle Perez : (CD: Gipsy)



Intro: 32 Count intro

Or Music: "Travelin' Man" by John Dean (124 bpm... 16 Count intro) CD... "One For The Road"

Behind. Side. Cross. Sweep. Cross. Side. Behind. Sweep.

- 1 – 3 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
- 4 Sweep Left out and around from back to front.
- 5 – 7 Cross step Left over Right. Step Right to Right side. Cross Left behind Right.
- 8 Sweep Right out and around from front to back.

Rock Behind. Chasse Right. Rock Behind. 2 x 1/4 Turns Right.

- 1 – 2 Rock back Right behind Left. Rock forward on Left.
- 3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 5 – 6 Rock back Left behind Right. Rock forward on Right.
- 7 – 8 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side.

Step. Lock. Left Lock Step Forward. Rocking Chair Steps.

- 1 – 2 Step forward on Left. Lock step Right behind Left. (Facing 6 o'clock)
- 3&4 Step forward on Left. Lock step Right behind Left. Step forward on Left.
- 5 – 8 Rock forward on Right. Rock back on Left. Rock back on Right. Rock forward on Left.

Note: Push hips Forward and Back on Counts 5 – 8 above.

Step. Pivot 1/2 Turn Left. Full Turn Left. Forward Rock. Right Coaster Cross.

- 1 – 2 Step forward on Right. Pivot 1/2 Turn Left.
- 3 – 4 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
- 5 – 6 Rock forward on Right. Rock back on Left.
- 7&8 Step back on Right. Step Left beside Right. Cross step Right over Left. (Facing 12 o'clock)

Option: Counts 3 – 4 above ... Walk forward on Right. Walk forward on Left.

Side Step Left. Drag. Cross Rock. Side Step. Together. Chasse 1/4 Turn Right.

- 1 – 2 Long step Left to Left side. Drag/Slide Right towards Left. (Weight on Left)
- 3 – 4 Cross rock Right over Left. Rock back on Left.
- 5 – 6 Step Right to Right side. Close Left beside Right. (Use Cuban Hip)
- 7&8 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.

Cross. Step Back. Sway Left. Touch. Sway Right. Touch. Chasse Left.

- 1 – 2 Cross step Left over Right. Step back on Right.
- 3 – 4 Step Left to Left side Swaying hips Left. Touch Right beside Left.
- 5 – 6 Step Right to Right side Swaying hips Right. Touch Left beside Right.
- 7&8 Step Left to Left side. Close Right beside Left. Step Left to Left side. (Facing 3 o'clock)

Cross. Unwind Full Turn Left. Left Side Rock. Cross. Side Step. Left Cross Shuffle.

- 1 – 2 Cross step Right over Left. Unwind Full turn Left. (Weight on Right)
- 3 – 4 Rock Left out to Left side. Recover weight on Right.
- 5 – 6 Cross step Left over Right. Small step Right to Right side.
- 7&8 Cross step Left over Right. Small step Right to Right side. Cross step Left over Right.

Side Step Right. Drag. Back Rock. Step. Pivot 1/2 Turn Right. 1/2 Turn Right. Sweep.

1 – 2 Long step Right to Right side. Drag/Slide Left towards Right. (Weight on Right)

3 – 4 Rock back on Left. Rock forward on Right.

5 – 6 Step forward on Left. Pivot 1/2 turn Right.

7 – 8 Make 1/2 turn Right stepping back on Left. Sweep Right out and around from front to back.

Option: Counts 5 – 7 above ... Rock forward on Left. Rock back on Right. Step back on Left.

Start Again
