

Promise Me Mambo

COPPER KNOB
STEP SHEETS

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Nancy Morgan (USA) - August 2008

Musique: Do You Know? (The Ping Pong Song) - Enrique Iglesias : (CD: Insomniac)



Start: 32 Counts from when he starts singing

Or Music:

Ti Amo by Gina G, CD: Fresh! BPM: 101, Start: 32 Counts or when she starts singing

Rhythm Divine by Enrique Iglesias, CD: Enrique, BPM: 102, Start: When he starts singing

Right Side Mambo, Left Side Mambo, 2 Shuffles Forward

- 1&2 Rock/Step Right out to Right side, return weight to Left, step Right next to Left
- 3&4 Rock/Step Left out to Left side, return weight to Right, step Left next to Right
- 5&6 Shuffle Forward – Right, Left, Right
- 7&8 Shuffle Forward – Left, Right, Left

Step, ½ Turn, ¼, ½, Cross, Side Mambo With Cross Step, Leg Lift, Step

- 1&2 Step forward on Right, pivot ½ turn to Left, step forward on Right
- 3&4 Step Left out to Left side ¼ turn to Right, step Right out to Right side ½ turn to Right, Cross Left over Right
- 5&6 Rock/Step Right out to Right side, return weight to Left, cross Right over Left
- 7 Bring Left Knee up so that Left foot is at Right knee level, you will also bend slightly at waist so that your butt sticks out slightly and back
- 8 Step Left in front and forward of Right

Lock Step Back, Coaster Step, Shuffle Forward, Touch, Step ¼ Turn To Right

- 1&2 Step back on Right, step Left across Right, step back on Right
- 3&4 Step back on Left, step back on Right, step forward on Left
- 5&6 Shuffle forward – Right, Left, Right
- 7,8 Touch Left toes out to Left side as you turn ¼ turn to Right, step forward on Left

Mambo Forward, Touch Back, Turn ¼ Left, Skate, Skate, Back Mambo, Touch

- 1&2 Rock/Step forward on Right, return weight to Left, step back on Right
- 3,4 Touch Left Toes back, pivot ¼ turn to Left (weight ends on Left)
- 5,6 Skate forward – Right, Left
- 7&8 Rock/Step back on Right, return weight to Left, touch Right next to Left

Start Again!

ONLY FOR THE SONG: "Ti Amo": There is 2 tags:

TAG is AFTER 3rd and 6th Wall

- 3 T ouches ½ Turn To Left, Step, 3 Touches ½ Turn To Right, Step
- 1-4 Touch Right toes 3 times turning ½ turn to your Left as you do this, step forward on Right
- 5-8 Touch Left toes 3 times turning ½ turn to your Right as you do this, step Left next to Right