

Mr Rock And Roll

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Joe Morris (IRE) - July 2008

Musique: Mr Rock & Roll - Amy Macdonald : (CD: This Is The Life)



Right-Cross-Rock-Forward, ¼ Turn Right & Right-Side Chasse, Left-Cross-Rock

- 1-2 cross rock right step back left 1/4 turn right side chasse cross rock left step back right side chasse left
- 3&4 ¼ turn right, stepping right to the side, step left beside right, step right to side
- 5-6 Rock left forward over right, recover right back
- 7&8 Step left to the side, step right beside left, step left to side

Left Full Turn, Right Shuffle Forward, Left Mambo Forward, Slide Back Twice

- 1-2 forward full turn left. 1/2 left turn stepping back on right turn 1/2 turn left stepping left forward
- 3&4 Step right forward, step left beside right, step right forward
- 5&6 Rock left forward, recover right back, step left beside right
- 7-8 Slide straight right back and left

Right Shuffle Back, ¾ Turn Left, Left Sailor Step, Right Rock Forward

- 1&2 Step right back, step left beside right, step right back
- 3-4 ½ turn left stepping left forward, ¼ turn left stepping right to right side
- 5&6 Cross left behind right, step right to side, step left to side
- 7-8 Rock right forward, recover left back

Right Rock Back, Right Shuffle Forward, Right Full Turn, Left Shuffle Forward

- 1-2 Rock right back, recover left forward
- 3&4 Step right forward, step left beside right, step right forward
- 5-6 ½ turn right stepping left back, ½ turn right stepping right forward
- 7&8 Step left forward, step right beside left, step left forward

Repeat

TAG: Done at END of walls 3&6

Right- Lunge Forward, ½ Turn Right, Right Shuffle Forward, ½ Pivot On Left, Left Shuffle Forward, Twice

- 1-2 Lunge right forward, recover left back, ½ turn right
- 3&4 Step right forward, step left beside right, step right forward
- 5-6 Step left forward, ½ turn right
- 7&8 Step left forward, step right beside left, step left forward
- 1-8 Repeat all above

TAG: Done at END of wall 7

Right Rocking Chair

- 1-2 Rock right forward, recover left back
- 3-4 Rock right back recover left forward

ENDING: To finish dance at end of wall 9, repeat tag 1 up to count 13