### Pocketful Of Sunshine



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Marjorie Barnabas-Shaw (MY) - June 2008

Musique: Pocketful of Sunshine - Natasha Bedingfield : (Album: Natasha)



Intro Count: 16 counts (start on vocals)

## A. WALK FORWARD ON RIGHT, LEFT, ROCK SIDE RIGHT AND TOGETHER, FORWARD ROCK, RECOVER, STEP.

1-2 W alk forward right. Walk forward left.

3&4 R ock right to right side. Recover onto left. Step right beside left foot.

5&6& R ock forward left. Recover onto right. Step left next to right foot. Step right in place.

7&8 R ock forward left. Recover onto right. Step left next to right foot.

## B. PRESS ROCK, RECOVER, TOGETHER, POINT CHANGES, CROSS BACK RIGHT, UNWIND 1/2 TURN RIGHT, FORWARD SHUFFLE.

1-2 P ress rock forward on right. Recover on left.

&3&4 S tep right foot next to left. Point left foot to left side. Step left foot next to right. Point right foot

to right side.

ross-step right foot behind left foot. Unwind right with a 1/2 turn right.
tep left foot forward. Close right next to left. Step left foot forward.

## C. RIGHT HEEL, RIGHT HOOK, FORWARD-STEP-LOCK-STEP, SWAY LEFT, SWAY RIGHT, STEP BACK LEFT, LOCK RIGHT, STEP BACK RIGHT.

1-2 Touch right heel forward. Hook right foot across left foot.

3&4 Step forward on right foot. Lock left foot behind right. Step forward on right foot.

5-6 Step left foot to left side (sway hips to left). Rock onto right side on right foot (sway hips to

right).

7&8 Cross left behind right. Lock right in front of left. Step back on left.

## D. FORWARD BRUSH, BACK BRUSH, ROCK SIDE AND TOGETHER, FORWARD, BACK BRUSH, 1/4 RIGHT COASTER TURN.

1-2 Brush right foot forward. Brush right foot back.

3&4 Rock right to right side. Recover onto left foot. Step right in place.

5-6 Brush left foot forward. Brush left foot back.

7&8 Turn 1/4 right by stepping back on left. Step right beside left. Step forward left.

# E. SIDE STEP RIGHT, SLIDE LEFT, CROSS ROCK BACK LEFT, RECOVER, STEP DIAGONAL FORWARD LEFT, CROSS BACK RIGHT, SIDE LEFT, CROSS RIGHT OVER LEFT, SIDE LEFT, CROSS RIGHT OVER LEFT.

1-2 Take big step right on right foot. Slide left foot behind right foot.

3&4 Cross rock left foot behind right foot. Recover onto right foot. Step left foot diagonally forward

left.

5-6 Cross right foot behind left foot. Step left to left side.

7&8 Cross right foot over left. Step left to left side. Cross right over left.

## F. SIDE STEP LEFT, SLIDE RIGHT, CROSS ROCK BACK RIGHT, RECOVER, STEP DIAGONAL FORWARD LEFT, CROSS BACK LEFT, SIDE RIGHT, CROSS LEFT OVER RIGHT, SIDE RIGHT, CROSS LEFT OVER RIGHT.

1-2 Take big step left on left foot. Slide right foot behind left foot.

3&4 Cross rock right foot behind left foot. Recover onto left foot. Step right foot diagonally forward

right.

5-6 Cross left foot behind right foot. Step right to right side.

#### G. STEP FORWARD RIGHT, STEP FORWARD LEFT (click fingers), STEP BACK RIGHT, SIDE LEFT, DIAGONAL SHUFFLE FORWARD RIGHT

- 1-2 Step forward right (click fingers). 3-4 Step forward left (click fingers).
- 5-6 Step back on right. Step left next to right
- Step right diagonally forward. Close left beside right. Step right diagonally forward. 7&8

### H. STEP FORWARD LEFT, STEP FORWARD RIGHT (click fingers), STEP BACK LEFT, SIDE RIGHT, DIAGONALL SHUFFLE FORWARD LEFT

- Step forward left (click fingers). 1-2 3-4 Step forward right (click fingers).
- 5-6 Step back on left. Step right next to left.
- 7&8 Step left diagonally forward. Close right beside left. Step left diagonally forward.

<sup>\*</sup>RE-START on 2nd sequence (dance only ABCD) then re-start

<sup>\*4</sup>th sequence (Music slows down)

<sup>\*</sup>One Tag \* at the end of Section D - walk RLRL (4 counts) before proceeding to Section E

<sup>~\* ~</sup> Dance Like You've Never Danced Before ~ \* ~