

Still Feels Good

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Mark Simpkin (AUS) & Peter Fry (AUS) - April 2008

Musique: Still Feels Good - Rascal Flats



Side, Behind, Ball Cross Shuffle, ¼, ½, ½, Pivot ½

- 1-2 Step R to R side, step L behind R,
&3&4 Step R to R side, cross L over R, step R to R side, cross L over R
5-6 ¼ turn R stepping forward on R, ½ turn R stepping back on L
7&8 ½ turn R stepping forward on R, step forward on L, ½ turn R putting weight on R (Quick Pivot)

Step Hold, Sailor Step, Sailor Step, Shuffle Forward

- 1-2 Step L to L side, hold
3&4 Step R behind L, step L to L side, step R to R side,
5&6 Step L behind R, step R to R side, step forward on L,
7&8 Step forward on R, step L together, step forward on R

Pivot ½ Turn, ½ Turn Shuffle Back, Touch ½ Turn, Kick Ball Step

- 1-2 Step forward on L, ½ turn R putting weight on R
3&4 ½ turn R stepping back on L, step together on R, step back on L,
5-6 Touch R toe back, ½ turn R putting weight on R
7&8 Kick L forward, step L together, step R foot forward

Rock Forward/Replace, ¼ Turn Step Hold & Step, Touch ½ Unwind, Cross

- 1-2 Rock forward on L, replace weight on R
3-4 ¼ turn L stepping L to L side, hold
& Step together on R,
5-6 Step L to L side, touch R behind L
7-8 ½ turn R putting weight on R (Unwind), cross L over R

Side Rock/Replace, Cross Shuffle & ¾ Unwind, Rock Forward/Replace

- 1-2 Rock R to R side, replace weight on L
3&4 Cross R over L, step L to L side, cross R over L
&5-6 Step L to L side, touch R behind L, ¾ turn R putting weight on R
7-8 Rock forward on L, replace weight on R

(&) Touch, Twist, Twist, Push Back, ½, ½, ¼ Side Shuffle

- &1-2 Step L beside R, touch R toe back, twist ¼ turn R ending with weight on R
3-4 Twist ¼ turn L ending with weight on L, push back on R with knees slightly bent
5-6 ½ turn L stepping forward on L, ½ turn L stepping back on R,
7&8 ¼ turn L stepping L to L side, step R together, step L to L side

Cross Rock/Replace, Side Shuffle, Cross Rock/Replace, ¼, ¼ Rock/Replace

- 1-2 Cross R over L, replace weight on L
3&4 Step R to R side, step L together, step R to R side
5-6 Cross L over R, replace weight on R,
7&8 Turn ¼ L stepping L fwd, Turning ¼ L step R to R side, replace weight on L

Cross Samba, Cross Samba, Cross Hold, Ball Cross, Step Side

- 1&2 Cross R over L, step L to L side, replace weight on R
3&4 Cross L over R, step R to R side, replace weight on L

5-6 Cross R over L, hold

&7-8 Step L to L side, cross R over L, step L to L side

Choreographers Note: When playing the 3.56 minute version, the music fades out at about 2 and a half minutes
