## On Your Marks!

Compte: 64
Mur: 4
Niveau: Easy Intermediate
Chorégraphe: Gaye Teather (UK) - March 2008
Musique: Five Jeans Jackets (Are Ready to Go) - The Lennerockers : (CD: Wild, Wild, Wild)

Dance rotates in CW direction
(16 count intro)
Side Right. Hold. Back rock. Side Left. Hold. Back rock
1-4 Step Right to Right side. Hold. Rock back Left behind Right. Recover onto Right
5-8 Step Left to Left side. Hold. Rock back Right behind Left. Recover onto Left

## Heel struts x 4 making three quarter turn Right

1-2 Quarter turn Right stepping Right heel forward. Drop Right toe to floor
3-4 One eighth turn Right stepping Left Heel forward. Drop Left toe to floor
5-6 One eighth turn Right stepping Right heel forward. Drop Right toe to floor
7-8 Quarter turn Right stepping Left heel forward. Drop Left toe to floor to complete three quarter turn (Facing 9 o'clock)

Right lock forward. Hold. Left scissor step. Hold
1-4 Step forward on Right. Lock Left behind Right. Step forward on Right. Hold
5-8 Step Left to Left. Step Right beside Left. Cross Left over Right. Hold

## Diagonal steps back with holds (x 4)

1-4 Step Right back on Right diagonal. Hold. Step Left back on Left diagonal. Hold
5-8 Step Right back on Right diagonal. Hold. Step Left back on Left diagonal. Hold
Note: During steps back, lean slightly forward and click fingers to Right and Left
Right scissor step. Hold. Toe. Heel. Kick. Kick
1-4 Step Right to Right side. Step Left beside Right. Cross Right over Left. Hold
5-6 Touch Left toe to Right instep. Touch Left heel to Right instep
7-8 Kick Left forward towards Left diagonal twice
Behind. Side. Cross. Hold. Toe. Heel. Kick. Kick
1-4 Step Left behind Right. Step Right to Right side. Cross Left over Right. Hold
5-6 Touch Right toe to Left instep. Touch Right heel to Left instep
7-8 Kick Right forward towards Right diagonal twice
Back rock. Step. Hold. Step. Half turn Right. Step. Hold
1-4 Rock back on Right. Recover onto Left Step forward on Right. Hold
5-8 Step forward on Left. Pivot half turn Right. Step forward on Left. Hold (Facing 3 o'clock)
Right toe strut. Left toe strut. Kick. Step. Cross. Hold
1-4 Step Right toe forward. Drop Right heel to floor. Step Left toe forward. Drop Left heel to floor
5-8 Kick Right forward. Step Right beside Left. Cross Left over Right. Hold

## Start again

## Beginner split: Cowgirl Twist or Wishful Thinking

