

Long Long Way

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Maureen Jones (UK) & Michelle Jones (UK) - April 2008

Musique: Long Long Way - Alan Jackson

ou: Man! I Feel Like a Woman! - Shania Twain : (CD: Come On Over)



Music 1: Intro 32 counts

Music 2: Intro Start on vocals

HEEL & TOE TOUCHES, CROSS ROCK, SIDE ROCK

- 1&2& Touch right heel diagonally forward right, step right beside left, touch left toe diagonally back left, step left beside right
- 3&4& Touch right heel diagonally forward right, step right beside left, touch left heel diagonally forward left, step left beside right
- 5-6 Rock right across left, recover onto left
- 7-8 Rock right to right, recover onto left

SAILOR, SAILOR ½ TURN, HEEL ROCK WITH HITCH, RECOVER, BACK ROCK

- 9&10 Step right behind left, step left to left, step right to right
- 11&12 Step left behind right starting to make ½ turn left, complete ½ turn left and step right to right, step left across right
- 13-14 Rock right heel diagonally forward right & hitch left, recover onto left
- 15-16 Rock right back, recover onto left

STEP, ½ PIVOT, WALKS, JAZZ BOX, CROSS

- 17-18 Step right forward, pivot ½ turn left
- 19-20 Walk forward stepping right, left
- 21-22 Step right across left, step left back
- 23-24 Step right to right, step left across right

½ MONTEREY TURNS

- 25-26 Point right to right, on ball of left make ½ turn right and step right beside left
- 27-28 Point left to left, step left beside right
- 29-32 Repeat counts 25 -28

KICK-BALL-CROSSES, SIDE ROCK, BEHIND-SIDE-ACROSS

- 33&34 Kick right diagonally forward right, step right beside left, step left across right
- 35&36 Kick right diagonally forward right, step right beside left, step left across right
- 37-38 Rock right to right, recover onto left
- 39&40 Step right behind left, step left to left, step right across left

KICK-BALL-CROSSES, SIDE ROCK, SAILOR ½ TURN

- 41&42 Kick left diagonally forward left, step left beside right, step right across left
- 43&44 Kick left diagonally forward left, step left beside right, step right across left
- 45-46 Rock left to left, recover onto right
- 47&48 Step left behind right starting to make ½ turn left, complete ½ turn left and step right beside left, step left forward

Note: The dance ends after count 32. To finish facing the front dance the final Monterey turn as:

- 29-30 Point right to right, step right beside left
- 31-32 Point left to left, step left beside right

