

# Laid Back

**Compte:** 32

**Mur:** 4

**Niveau:** Easy Intermediate

**Chorégraphe:** Jan Wyllie (AUS) - March 2008

**Musique:** Laid Back 'n Low Key (Cay) - Alan Jackson



**(16 count intro) - start 1 count before the words. (144 bpm)**

## **Vine Right Touch, Step Kick Across, Step Touch**

1,2,3,4            Step R to right, Step L behind R, Step R to right, Touch L beside R  
5,6,7,8            Step L to left, Kick R across L, Step R to right, Touch L beside R

## **Vine Left Scuff Fwd, Rock Return, Coaster Step**

9,10,11,12        Step L to left, Step R behind L, Step L to left, Scuff R towards left corner  
13,14            Rock/step fwd on R, Rock back on L  
15&16            Step back on R, Step L beside R, Step fwd on R

## **Rock Return, 1/2 Shuffle, Step Scuff/Clap, Step Scuff/Clap**

17,18            Rock/step fwd on L, Rock back on R  
19&20            Making 1/2 left shuffle towards left corner stepping L,R,L (back wall)  
21,22,23,24      Step fwd on R, Scuff L fwd and clap, Step fwd on L, Scuff R fwd and clap

## **Make 1/8 Rock Return, R Sailor Step, L Sailor Step, Rock Return**

25,26            Making 1/8 turn left (3 o'clock) rock/step R to right side, Return wt sideways onto L  
27&28            Step R behind L, Step L to left, Step R to right (sailor)  
29&30            Step L behind R, Step R to right, Step L to left (sailor)  
31,32            Rock/step R behind L, Rock/return wt to L

---