

# Inside Out

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Kim Ray (UK) - March 2008

**Musique:** On the Outside - Roch Voisine : (Album: Double)



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## **CROSS ROCK/RECOVER, BALL CROSS, STEP SIDE, BACK CROSS, COASTER CROSS, CROSS STEP**

- 1-2 Cross rock/lean right over left, recover back on left  
&3-4 Step right slightly back & cross left over right, step right to right side  
&5-6 Facing left diagonal: Step back on left, cross right over left, step back on left  
&7-8 Straightening up: Step back on right, cross left over right, cross right over left (7-8 travelling forward)

## **TRIPLE ½ TURN RIGHT, ROCK/RECOVER ¼ TURN LEFT, ROCK/RECOVER ½ TURN RIGHT, FULL TURN RIGHT**

- 1&2 Stepping left, right, side left – ½ turn right  
**(restart here on wall 4)**  
3&4 Rock back on right, recover on left, ¼ turn left stepping right to right side  
5&6 Rock back on left, recover on right, ½ turn right stepping left in place  
7&8 Triple fully turn right stepping, right, left, right

## **BALL STEP FORWARD, RUN FORWARD, ROCK/RECOVER, COASTER CROSS, ROCK & CROSS**

- &1 Step left slightly forward, step forward on right  
2& Small step/run forward on left, small step/run forward on right  
3-4 Rock/lean forward on left, recover on right  
5&6 Step back on left, step back on right, cross left over right  
7&8 Side rock right, recover on left, cross right over left

## **BALL ½ TURN & SIDE STEP, & CROSS & ROCK/RECOVER, BALL CROSS UNWIND, BALL CROSS UNWIND**

- &1 ¼ turn right stepping back on left, ¼ turn right stepping right to right side  
2&3 Cross left over right, step right to right side, cross rock/lean left over right  
4 Recover back on right  
&5 Step left to left side, cross right over left  
6 Unwind full turn left finishing with weight on right  
&7 Step left to left side, cross right over left  
8& Unwind full turn left finishing with weight on right, step left to left side (steps &5 to 8& are travelling to left side)

**Start again**

**RESTART:**

**Restart on wall 4 after 10 counts facing 3o/c)**

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